2025 - 2026 Alignment

Sport	Girls Powerlifting

Sport Division	Sport Region	School
I	1	Airline
I	1	Benton
I	1	C.E. Byrd
I	1	Captain Shreve
I	1	Haughton
I	1	Huntington
I	1	Neville
I	1	Ouachita Parish
I	1	Parkway
I	1	Ruston
I	1	West Monroe
I	2	Archbishop Chapelle
I	2	Chalmette
I	2	Covington
I	2	Dominican
I	2	Fontainebleau
I	2	Mandeville
I	2	Mt. Carmel
I	2	Northshore
I	2	Salmen
I	2	Slidell
I	3	Baton Rouge
I	3	Central - B.R.
I	3	Denham Springs
I	3	Hammond
I	3	Liberty
I	3	Live Oak
I	3	Ponchatoula
I	3	Scotlandville
I	3	St. Joseph's Academy

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2025 - 2026 Alignment

Sport	Girls Powerlifting

Sport Division	Sport Region	School
I	3	Woodlawn - B.R.
I	3	Zachary
I	4	Acadiana
I	4	Barbe
I	4	Carencro
I	4	Lafayette
I	4	New Iberia
I	4	Sam Houston
I	4	Southside
I	5	Alexandria
I	5	Natchitoches Central
I	5	Pineville
I	6	Central Lafourche
I	6	Destrehan
I	6	Dutchtown
I	6	East Ascension
I	6	East St. John
I	6	H.L. Bourgeois
I	6	Hahnville
I	6	Prairieville
I	6	St. Amant
I	6	Terrebonne
I	6	Thibodaux
II	1	Bossier
II	1	Caddo Magnet
II	1	Loyola Prep
II	1	North DeSoto
II	1	Northwood - Shrev.
II	1	Southwood
II	1	Woodlawn - Shrev.

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2025 - 2026 Alignment

Sport	Girls Powerlifting

Sport Division	Sport Region	School
II	2	Academy of Our Lady
II	2	Archbishop Hannan
II	2	Eleanor McMain
II	2	Franklinton
II	2	Kenner Discovery Health Science
II	2	Lakeshore
II	2	New Orleans Military & Maritime
II	2	Pearl River
II	2	St. Scholastica
II	3	Broadmoor
II	3	Istrouma
II	3	Loranger
II	3	McKinley
II	3	St. Michael the Archangel
II	3	Tara
II	3	West Feliciana
II	4	Beau Chene
II	4	Breaux Bridge
II	4	Cecilia
II	4	Comeaux
II	4	David Thibodaux
II	4	DeRidder
II	4	Livonia
II	4	North Vermilion
II	4	Northside
II	4	Plaquemine
II	4	Rayne
II	4	St. Thomas More
II	4	Teurlings Catholic
II	4	Washington-Marion

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2025 - 2026 Alignment

Sport	Girls Powerlifting

Sport Division	Sport Region	School
II	4	Westgate
II	5	Grant
II	5	Leesville
II	5	Peabody
II	5	Tioga
II	6	A.J. Ellender
II	6	Assumption
II	6	E.D. White
II	6	Lutcher
II	6	Morgan City
II	6	South Lafourche
II	6	South Terrebonne
II	6	Vandebilt Catholic
III	1	Bastrop
III	1	Caldwell Parish
III	1	Carroll
III	1	Richwood
III	1	Sterlington
III	1	Wossman
III	2	Bogalusa
III	2	De La Salle
III	2	Morris Jeff *
III	2	Patrick Taylor - Science/Tech.
III	2	Pine
III	2	Sophie B. Wright
III	2	Ursuline Academy
III	3	Albany
III	3	Doyle
III	3	Glen Oaks
III	3	Jewel Sumner

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2025 - 2026 Alignment

Sport	Girls Powerlifting

Sport Division	Sport Region	School
III	3	Madison Prep
III	3	Parkview Baptist
III	3	Port Allen
III	3	Springfield
III	4	Abbeville
III	4	Acadiana Renaissance Charter
III	4	Church Point
III	4	Crowley
III	4	Erath
III	4	Iota
III	4	Jennings
III	4	Kaplan
III	4	Mamou
III	4	Pine Prairie
III	4	St. Louis Catholic
III	4	Ville Platte
III	5	Buckeye
III	5	Bunkie
III	5	Jena
III	5	Marksville
III	5	Vidalia
III	6	Berwick
III	6	Donaldsonville
III	6	Patterson
III	6	St. James
IV	1	Beekman Charter
IV	1	Calvary Baptist
IV	1	D'Arbonne Woods Charter
IV	1	Delhi Charter
IV	1	Green Oaks

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2025 - 2026 Alignment

Sport	Girls Powerlifting

Sport Division	Sport Region	School
IV	1	Homer
IV	1	Lakeside
IV	1	Madison
IV	1	Magnolia School of Excellence
IV	1	Mangham
IV	1	Mansfield
IV	1	Rayville
IV	1	Union Parish
IV	2	Lafayette Renaissance Charter Academy
IV	2	Northlake Christian
IV	2	Pope John Paul II
IV	3	Baker
IV	3	Capitol
IV	3	Dunham
IV	3	East Feliciana
IV	3	Episcopal
IV	3	French Settlement
IV	3	Northeast *
IV	3	Slaughter Community Charter
IV	3	St. Helena College & Career Acad.
IV	3	St. Thomas Aquinas
IV	4	Catholic - N.I.
IV	4	Delcambre
IV	4	Lake Arthur
IV	4	Loreauville
IV	4	Notre Dame
IV	4	Port Barre
IV	5	Ferriday
IV	5	Holy Savior Menard
IV	5	Many

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2025 - 2026 Alignment

Sport	Girls Powerlifting

Sport Division	Sport Region	School
IV	**5**	Pickering
IV	**5**	Rapides
IV	**5**	Rosepine
IV	**6**	Franklin
IV	**6**	Houma Christian
V	**1**	Castor
V	**1**	Cedar Creek
V	**1**	Claiborne Christian
V	**1**	Delhi
V	**1**	Glenbrook
V	**1**	Haynesville
V	**1**	Jonesboro-Hodge
V	**1**	Plain Dealing
V	**1**	Quitman
V	**1**	Ringgold
V	**1**	St. Frederick
V	**1**	Stanley
V	**1**	Tensas
V	**2**	Christ Episcopal School
V	**2**	First Baptist Christian
V	**2**	Varnado
V	**3**	Central Private
V	**3**	Holden
V	**3**	La. School for Deaf
V	**3**	La. School for Visually Impaired
V	**3**	Maurepas
V	**3**	Thrive Academy
V	**4**	Acad. of Sacred Heart - G.C.
V	**4**	Catholic - P.C.
V	**4**	East Iberville

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2025 - 2026 Alignment

Sport	Girls Powerlifting

Sport Division	Sport Region	School
V	4	Elton
V	4	False River
V	4	Gueydan
V	4	Merryville
V	4	North Central
V	4	North Iberville
V	4	Sacred Heart
V	4	St. Edmund
V	4	St. John
V	4	Vermilion Catholic
V	5	Anacoco
V	5	Evans
V	5	Georgetown +
V	5	Glenmora
V	5	Lakeview
V	5	Northwood - Lena
V	5	St. Mary's
V	5	Alexandria Country Day +
V	6	Ascension Catholic
V	6	Ascension Christian
V	6	Centerville
V	6	Central Catholic
V	6	West St. John

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