

2024-2027 LHSAA Sports Season Dates *Subject to Change*

Sport	Week	NFHS Calendar	Day(s) of Week	2024-2025	2025-2026	2026-2027
Baseball	Preseason Evaluation	Week 25-27	Sunday-Saturday	December 22-January 11	December 21-January 10	December 20-January 9
	1st Practice	Week 28	Monday	January 13	January 12	January 11
	Earliest Jamboree	Week 31	Thursday-Saturday	February 6-8	February 5-7	February 4-6
	First Contest	Week 32	Monday	February 10	February 9	February 8
	Regular Season Ends	Week 41	Monday	April 14	April 13	April 12
	State Championships	Week 45	Tuesday-Saturday	May 13-17	May 12-16	May 11-15
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Girls' Basketball (Class B & C)	1st Practice	Week 10	Monday	September 9	September 8	September 7
	Earliest Jamboree	Week 17	Monday-Saturday	October 28-November 2	October 27-November 1	October 26-31
	First Contest	Week 18	Monday	November 4	November 3	November 2
	Regular Season Ends	Week 32	Saturday	February 15	February 14	February 13
	State Championships	Week 35	Monday-Saturday	March 3-8	March 2-7	March 1-6
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Girls' Basketball (Class 1A-5A)	1st Practice	Week 15	Monday	October 14	October 13	October 12
	Earliest Jamboree	Week 19	Monday-Saturday	November 11-16	November 10-15	November 9-14
	First Contest	Week 20	Monday	November 18	November 17	November 16
	Regular Season Ends	Week 32	Saturday	February 15	February 14	February 13
	State Championships	Week 35	Monday-Saturday	March 3-8	March 2-7	March 1-6
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Boys' Basketball (Class B & C)	1st Practice	Week 10	Monday	September 9	September 8	September 7
	Earliest Jamboree	Week 17	Monday-Saturday	October 28-November 2	October 27-November 1	October 26-31
	First Contest	Week 18	Monday	November 4	November 3	November 2
	Regular Season Ends	Week 33	Saturday	February 22	February 21	February 20
	State Championships	Week 36	Monday-Saturday	March 10-15	March 9-14	March 8-13
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Boys' Basketball (Class 5A-1A)	1st Practice	Week 15	Monday	October 14	October 13	October 12
	Earliest Jamboree	Week 19	Monday-Saturday	November 11-16	November 10-15	November 9-14
	First Contest	Week 20	Monday	November 18	November 17	November 16
	Regular Season Ends	Week 33	Saturday	February 22	February 21	February 20
	State Championships	Week 36	Monday-Saturday	March 10-15	March 9-14	March 8-13
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Bowling	1st Practice	N/A	N/A	N/A	N/A	N/A
	Earliest Jamboree	Week 28	Monday-Saturday	January 13-18	January 12-17	January 11-16
	First Contest	Week 29	Monday	January 20	January 19	January 18
	Regular Season Ends	Week 37	Thursday	March 20	March 19	March 18
	State Championships	Week 40	Wednesday-Friday	April 9-12	April 8-11	April 7-10
Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16	

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Sport	Week	NFHS Calendar	Day(s) of Week	2024-2025	2025-2026	2026-2027
Cross Country	1st Practice	Week 6	Monday	August 12	August 11	August 10
	Earliest Jamboree	N/A	N/A	N/A	N/A	N/A
	First Contest	Week 9	Monday	September 2	September 1	August 31
	Regular Season Ends	Week 18	Saturday	November 9	November 8	November 7
	State Championships	Week 20	Monday	November 18	November 17	November 16
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Football	1st Practice	Week 6	Monday	August 12	August 11	August 10
	Earliest Jamboree	Week 8	Thursday-Saturday	August 29-31	August 28-30	August 27-29
	First Contest	Week 9	Thursday	September 5	September 4	September 3
	Regular Season Ends	Week 18	Saturday	November 9	November 8	November 7
	State Championships	Week 23	Thursday-Saturday	December 12-14	December 11-13	December 10-12
	Spring Practice (Winter)	Week 28-31	Monday-Saturday	January 13-February 8	January 12-February 7	January 11-February 6
	Spring Practice	Week 43	Monday-Saturday	April 28-May 3	April 27-May 2	April 26-May 1
Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16	
Golf	1st Practice	N/A	N/A	N/A	N/A	N/A
	Earliest Jamboree	N/A	N/A	N/A	N/A	N/A
	First Contest	N/A	N/A	N/A	N/A	N/A
	Regionals	Week 43	Monday-Thursday	April 28-May 1	April 27-30	April 26-29
	State Championships	Week 44	Monday-Tuesday	May 5-6	May 4-5	May 3-4
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Gymnastics	1st Practice	N/A	N/A	N/A	N/A	N/A
	Earliest Jamboree	N/A	N/A	N/A	N/A	N/A
	First Contest	N/A	N/A	N/A	N/A	N/A
	Regular Season Ends	Week 39	Monday	March 31	March 30	March 29
	State Championships	Week 41 (40**)	Friday-Saturday	April 11-12**	April 17-18	April 16-17
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Powerlifting	1st Practice	Week 21	Monday	November 25	November 24	November 23
	Earliest Jamboree	N/A	N/A	N/A	N/A	N/A
	First Contest	Week 24	Monday	December 16	December 15	December 14
	Regular Season Ends	Week 32 (Girls)	Wednesday	February 12	February 11	February 10
	Regular Season Ends	Week 33 (Boys)	Wednesday	February 19	February 18	February 17
	State Championships	Week 38	Wednesday-Saturday	March 26-29	March 25-28	March 24-27
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16

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Sport	Week	NFHS Calendar	Day(s) of Week	2024-2025	2025-2026	2026-2027
Soccer	1st Practice	Week 15	Monday	October 14	October 13	October 12
	Earliest Jamboree	N/A	N/A	N/A	N/A	N/A
	First Contest	Week 20	Monday	November 18	November 17	November 16
	Regular Season Ends	Week 31 (30*)	Monday	January 27*	February 2	February 1
	State Championships	Week 34 (33*)	Wednesday-Saturday	February 19-February 22*	February 25-28	February 24-27
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Softball	Preseason Evaluation	Week 19-23	Monday-Saturday	November 11-December 14	November 10-December 13	November 9-December 12
	1st Practice	Week 29	Monday	January 20	January 19	January 18
	Earliest Jamboree	Week 32	Thursday-Saturday	February 13-15	February 12-14	February 11-13
	First Contest	Week 33	Tuesday	February 18	February 17	February 16
	Regular Season Ends	Week 41	Tuesday	April 15	April 14	April 13
	State Championships	Week 43	Friday-Saturday	May 2-3	May 1-2	April 30-May 1
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Swimming	1st Practice	Week 6	Monday	August 12	August 11	August 10
	Earliest Jamboree	N/A	N/A	N/A	N/A	N/A
	First Contest	Week 9	Monday	September 2	September 1	August 31
	Regular Season Ends	Week 19	Monday	November 11	November 10	November 9
	State Championships	Week 20	Wednesday-Saturday	November 20-23	November 19-22	November 18-21
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Tennis	1st Practice	N/A	N/A	N/A	N/A	N/A
	Earliest Jamboree	N/A	N/A	N/A	N/A	N/A
	First Contest	N/A	N/A	N/A	N/A	N/A
	Regionals	Week 42	Monday-Tuesday	April 21-22	April 20-21	April 19-20
	State Championships	Week 43	Monday-Friday	April 28-May 2	April 27-May 1	April 26-30
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Track and Field (Indoor)	1st Practice	Week 24	Monday	December 16	December 15	December 14
	Earliest Jamboree	N/A	N/A	N/A	N/A	N/A
	First Contest	Week 26	Saturday	January 4	January 3	January 2
	Regular Season Ends	Week 32	Saturday	February 15	February 14	February 13
	State Championships	Week 33	Saturday	February 22	February 21	February 20
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16

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Sport	Week	NFHS Calendar	Day(s) of Week	2024-2025	2025-2026	2026-2027
Track and Field (Outdoor)	1st Practice	Week 31	Monday	February 3	February 2	February 1
	Earliest Jamboree	N/A	N/A	N/A	N/A	N/A
	First Contest	Week 35	Monday	March 3	March 2	March 1
	Regular Season Ends	Week 42	Saturday	April 26	April 25	April 24
	State Championships	Week 44	Thursday-Saturday	May 8-10	May 7-9	May 6-8
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Volleyball	1st Practice	Week 6	Monday	August 12	August 11	August 10
	Earliest Jamboree	Week 8	Monday-Saturday	August 26-31	August 25-30	August 24-29
	First Contest	Week 9	Monday	September 2	September 1	August 31
	Regular Season Ends	Week 17	Saturday	November 2	November 1	October 31
	State Championships	Week 19	Thursday-Saturday	November 14-16	November 13-15	November 12-14
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16
Wrestling	1st Practice	Week 14	Monday	October 7	October 6	October 5
	Earliest Jamboree	Week 17	Monday-Saturday	October 28-November 2	October 27-November 1	October 26-31
	First Contest	Week 18	Monday	November 4	November 3	November 2
	Regular Season Ends	Week 31 (30*)	Saturday	February 8	January 31*	February 6
	State Championships	Week 32 (31*)	Friday-Saturday	February 14-15	February 6-7*	February 12-13
	Summer Rules Begin	Week 46	Sunday	May 18	May 17	May 16

Notes: *Mardi Gras Conflicts - Tuesday, March 4, 2025; Tuesday, February 17, 2026

[] Soccer* - 2025 State Championships will move from Week 34 to Week 33 (February 19-22, 2025)

[] Wrestling* - 2026 State Championships will move from Week 32 to Week 31 (February 6-7, 2026)

**Easter Conflicts - Sunday, April 20, 2025

[] Gymnastics** - 2025 State Championships will move from Week 41 to Week 40 (April 11-12, 2025)