



Girls High School Flag Football

- 2027 Pilot Program -

School Sign-up Information

The LHSAA Girls Flag Football teams are currently in the second year of the required two-year pilot program (2026 and 2027 Spring Season) as we work toward the official sanctioning of the sport in Louisiana.

Sports Probationary Period

***Bylaw 6.5.3** - The Executive Committee shall have the authority to add or eliminate a sport. The Executive Committee may consider adding a new sport to the list of recognized sports at such time as 80 schools (20%) of the membership indicate an interest in LHSAA involvement in the sport. Any new sport that meets these requirements must successfully complete a two-year probationary period as a pilot program before final adoption as a recognized sport.*

LHSAA Bylaw Application:

During this 2-year probationary period, as a pilot program, the LHSAA does not require coaches or student-athletes to be registered or submitted in an official capacity on the LHSAA website. There will not be penalties for adding the sport late or dropping the sport if student participation numbers decrease.

School Sign-Up Steps: Adding the Sport of Girls' High School Flag Football

If you are interested in establishing a Girls' High School Flag Football team at your school, the School Principal should complete the form here **BY OCTOBER 9, 2026:** <https://forms.gle/eDw98TFa7HHzb1EL7>

Important Dates (Season Dates): DATES AND TIMES SUBJECT TO CHANGE

2026-2027 DATES	CALENDAR WEEK	ACTIVITY
Monday, August 31, 2026 – Friday, October 9, 2026	9th – 14th	School team sign-up period for Girls' Flag Football.
Monday, October 19, 2026 – Friday, November 13, 2026	14th – 19th	Tryouts allowed.
Sunday, November 1, 2026	18th	Team Scheduling begins
Monday, January 4, 2027	27th	1 st Practice
Monday, January 4, 2027	27th	All game contracts (schedules) are due to the LHSAA office.
Monday, March 8, 2027 – Wednesday, March 10, 2027	36th	Earliest Scrimmage Allowed
Thursday, March 11, 2027 – Saturday, March 13, 2027	36th	Jamborees
Monday, March 15, 2027 – Saturday, March 20, 2027	37th	1 st Regular Season Contest Dates
Thursday, March 25, 2027	38th	Last date to add a game to the schedule
Saturday, April 24, 2027	42nd	End of Regular Season
Saturday, April 24, 2027	42nd	Playoff Pairings Announced
Monday, April 26, 2027 – Tuesday, April 27, 2027	43rd	Playoffs – 1 st Round
Wednesday, April 28, 2027 – Thursday, April 29, 2027	43rd	Playoffs - Quarterfinals
Friday, April 30, 2027	43rd	Playoffs - Semifinals
Saturday, May 1, 2027	43rd	Championships



Girls High School Flag Football

- 2027 Pilot Program -

School Sign-up Information

General Season Guidelines

- I. Contest Limits
 - a. Pre-Season
 - i. A team shall be limited to 1 pre-season scrimmage.
 - ii. A team shall be limited to one jamboree.
 - b. Season
 - i. A team shall be limited to 12 games per regular season.
 - ii. The season schedules will be organized based upon assigned divisions, based on current LHSAA classification.
 - iii. A minimum of 8 games must be played to be eligible to participate in the playoffs.
 - c. Calendar Week
 - i. A team shall be limited to 2 games per day and cannot exceed three contests per NFHS calendar week.
- II. Playoffs
 - a. Week 43 of the NFHS Calendar (Monday-Friday)
- III. Championships
 - a. Week 43 of the NFHS Calendar (Saturday)

Playing Rules (NFHS Girls High School Flag Football Rules)

- Games will be played according to the NFHS Flag Football Playing Rules. The rules book and resources can be found at <https://nfhs.org/sports/flag-football>.

Classification

- Once all teams have submitted their information, 2 divisions will be formed based on existing LHSAA Classification and then divided into regions. The Number of Schools participating will determine how the teams are classified into divisions.
- Regions will be assigned for scheduling purposes only, and there will not be a requirement to play your region.

Equipment and Uniforms

- Equipment needed by the schools includes flags, footballs, and uniforms. The estimated cost of uniforms and equipment is \$750.00 (based on a school's roster size of 20-25 student-athletes).
- Uniforms should be solid-color shorts (no pockets) with matching shirts.
- Flags: Poppers flag belts, 2 sets of 24 (for a 24-student roster); each set should be a different bright, contrasting color, visibly distinct from uniform shirt and shorts.
- Ball Size: Youth Football, Size 8 with white stripes. This is the recommended football by the NFHS; it is not the NFL Flag Football size. All schools must place with the same NFHS recommended football.

Coach Registration

- The head coach can be a non-faculty member or a faculty member. The head coach and assistant coaches do not have to be registered in the LHSAA system and do not count towards the number of non-faculty coaches allowed during the two-year probationary period.



Girls High School Flag Football

- 2027 Pilot Program -

School Sign-up Information

Student Rosters and Registration

- Ideally, 20-25 student-athletes should be carried on a roster, but no fewer than 15.
- Student-Athletes do not have to be registered or submitted to the LHSAA system during the two-year probationary period. Once the sport is sanctioned, all student-athletes must be registered and submitted on the LHSAA members' only site and meet all other eligibility requirements.

Locations and Playing Fields

- Transportation – travel length will depend on the schools that sign up to participate.
- If your school would like to host a 3-game series, please sign up to host on the participation form.
- Assigning Playing Fields – Typically, 3 games can be played consecutively on the same field with the same officials.
- Playing field requirements are located on the NFHS website here: [2025-26-nfhs-flag-football-field-diagrams-final.pdf](https://assets.nfhs.org/umbraco/media/7213836/2025-26-nfhs-flag-football-field-diagrams-final.pdf).
 - Facility Limitations and Safety: The field shall be 40 yards wide (between the numbers) and 80 yards long. The end zone must always be 10 yards deep. Total of 100 yards in length. No hard and unyielding rigid fixtures shall be located within 5 yards of the sidelines or within 10 yards of the end lines.
 - Team Box: On each side of the field, a team box should be designated for the players and non-players. This is located 2 yards off the sideline and between the 20-yard lines. Where possible, teams should be on opposite sidelines.
 - End Zone Pylons: Eight soft, flexible pylons shall be placed so that the inside corner of the pylon matches the inside corner of the intersections of the sideline with the goal line and end lines.
 - Sideline Zone Line-to-Gain Markers: 20-yard line and 40-yard line markers, constructed of soft and pliable materials, shall be located 6' (2 feet) beyond the sideline on each side of the field. These markers are used to delineate the zone to gain lines.

Officials

- Assigning Officials – 3 to 4 officials are assigned per game. It is most efficient of everyone's time if 3 games are hosted by the same school per day. The schools are responsible for assigning officials for games during the pilot program. A list of flag officials will be provided to schools by region for scheduling assistance.
- A school could potentially participate in an extra training scrimmage for official training.
- Officials' Signals Guide is located on the NFHS website here:
<https://assets.nfhs.org/umbraco/media/7213836/2025-26-nfhs-flag-football-official-signals-final.pdf>

Next Steps:

1. List of participating schools by Division and Region with contact information will be provided for scheduling purposes. Host schools will be identified on this list.
2. Rules, Practice, and Playing Dates will be verified and communicated.
3. List of Officials will be communicated.