

2024-25 Volleyball Officials Study Guide

NOTE: In the exam situations, Team S = serving team; Team R = receiving team. Additionally, LF = left front; CF = center front; RF = right front; RB = right back; CB = center back; LB = left back.

Number	Question	Answer A	Answer B	Answer C	Answer D	Your Answer	Rule Reference
1	When multiple courts are used, the second referee may end a time-out or interval between sets with a:	Audio signal (horn).	Double whistle.	Beckon for serve.	Whistle.		5-8-3a NOTE
2	During the set, each line judge shall assist the referees by:	Communicating with the first referee when asked, when the ball touches the ceiling or overhead obstruction, if out of the view of the referees.	Indicating when the ball touches the net, net antennas, and/or net supports not entirely between the net antennas.	Indicating when a player touches a ball that is going out of bounds on the player's side of the net.	All are correct.		5-9-3c, e, f
3	A volleyball match:	Consists of two teams of six players on a rectangular court.	Has a maximum of three minutes between sets unless an intermission is used.	Shall be forfeited when a team has fewer than six players to start the match, unless the state association determines otherwise.	All of the above.		1-1, 1-2-2, 1-5-4
4	During a dead ball, the playing captain may request the following for the captain's team:	A time-out.	Verification of time-outs used.	Verification of serving order.	All are correct.		6-3-2a, b, c
5	When used, a libero:	May be used as an exceptional substitution for an injured player if no other legal substitute is available.	May replace a disqualified teammate.	May not be designated as the playing captain.	Shall not be allowed to serve in one position in the serving order.		6-4-2b, c, d, e; 10-3-6c; 10-4-3b
6	The prematch procedure shall include:	The home team selecting its team bench.	A coin toss to determine who serves and who receives.	A and B.	A conference conducted by the officials with only team captains.		1-6-1, 1-6-2, 1-6-3
7	The center line:	Must be continuous and 2 inches (or 5 centimeters) wide.	Must be solid.	May be shadow-bordered 2 inches (or 5 centimeters) wide.	Both a and c.		2-1-4, 2-1-4 NOTE
8	At the moment of the serve, which statement about player positioning is not true?	All players, including the libero, shall be in the correct serving order.	All players, including the libero, are not required to be in the correct serving order.	No player, other than the server, may have any part of the body touching the floor outside of the boundary lines.	All players, except the server, shall be within the team's playing court and boundary lines.		6-4-3a, b, c
9	The coaching zone is defined by:	The area near the sideline between the attack line and the center line.	The libero replacement zone and the area beyond the end line and sideline extended.	The area near the sideline between the attack line and the end line.	Not a defined area.		2-1-9
10	Team A submits a lineup listing a starting number that no team member is wearing. The team substitutes a player with a legal number into that position. Team A is:	Not charged with a substitution.	Charged with a substitution.	Charged with a substitution and an unnecessary delay (administrative yellow).	Not charged with a substitution, but assessed an unnecessary delay (administrative yellow).		7-1-4a(1)
11	During the set while the ball is in play, the _____ is permitted to stand in the coaching zone.	Athletic trainer	Assistant coach	Head coach	Nonplaying team members		9-1-1, 12-2-5, 12-2-7
12	A live ball becomes dead when:	The receiving team makes multiple contacts with a served ball on its first hit.	The serve contacts the net and enters into the receiving team's court.	The ball touches the floor.	After touching the ball on a block, a team contacts the ball three times before returning the ball into the opponent's court.		9-3-3g

13	Which of the following is incorrect concerning the net?	The net antennas shall be attached to the net in line with the outside edge of the sideline.	The height of the net shall be 7 feet, 6 inches for girls.	The height of the net shall be 7 feet, 11 5/8 inches for boys.	The net measured at the ends shall not exceed the standard height by more than ¼ inch.		3-1-4, 3-1-5
14	Team R's CF, LF and LB are very close to each other at the net, and all three are reaching higher than the top of the net. The ball is attacked by Team S and contact is made by Team R's block. Which of the following statements is true?	CF, LF and LB do not meet the definition of a collective block.	Only LF contacts the ball and therefore a legal block.	A blocking fault results because LB has participated in a completed collective block.	All the statements are true.		9-5-1(c)3 NOTE
15	Which of the following equipment must be padded?	Standards	Net support floor/wall cables	First Referee's platform	All must be padded.		3-1-3
16	A back-row setter, when in front of the attack line, may:	Send the ball into the opponent's court when the ball is below the height of the net.	Jump.	Contact the ball below the height of the net.	All are correct.		9-5-1c NOTE, 9-5-4, 9-5-5
17	Which of the following jewelry is allowed?	Hoop earrings.	No jewelry is allowed.	Studs or post above the chin.	String or commemorative bracelets.		4-1-7
18	A referee shall stop play when:	A ball is played over a nonplayable area and the player has a body part in contact with a playable area at the same time the ball is contacted.	The ball contacts a cable used to retract a ceiling-suspended net system.	The ball contacts any part of a backboard or its supports, over the playable area.	Both B and C.		2-4-1d, e
19	A team has been assessed a second administrative unnecessary delay. The penalty is:	A second administrative yellow card.	An administrative red card, loss of rally/point.	The head coach must remain seated during play.	All are correct.		9-9-1 PENALTIES 2
20	Assistant officials include:	Scorer, first referee and line judges.	Libero tracker, line judges and scorer.	Line judges, second referee and timer.	None of the above.		5-1-1
21	Unnecessary delay occurs when:	An illegal replacement attempts to enter the set.	A team repeatedly uses an improper substitution procedure.	A coach is late submitting the team's lineup to the second referee.	All are unnecessary delay.		9-9-1b, h, i
22	If a fault is whistled by the second referee, the second referee will:	Indicate the player committing the fault, then the nature of the fault.	Indicate the nature of the play.	Indicate the nature of the fault, then the player committing the fault.	First mirror the first referee.		5-2-1b
23	A team is allowed _____ substitutions per set.	15	18	Unlimited	20		10-3-2
24	The libero may not:	Replace a middle blocker who has rotated to the back row.	Replace a designated back row player.	Replace the first server at the beginning of the set.	Serve for multiple positions in the serving order.		10-4-1a
25	In the case of an injury/illness to the libero during the set and the libero cannot continue to play, the head coach is permitted to:	Replace the libero with any player on the bench.	Complete a legal libero replacement and request a substitution for another player on the court during the injury time-out.	Complete a legal libero replacement for the injured/ill player and may substitute for the replacement player.	Take as much time as needed to decide if the player can continue play.		11-4-1b
26	When a team member seated on the bench receives a red card for unsporting conduct, the team's head coach must:	Have the team member escorted out.	Remain seated during play for the rest of the match.	Remain seated for the rest of the set.	Designate standing privileges to an assistant coach.		12-2-5
27	The first referee is the head official who shall:	In the spirit of good sporting conduct, promptly handle any unexpected situation.	Make decisions on matters not specifically covered by the rules.	Have general supervision of officials.	All of the above.		5-4-3a(1), (2), (4)

28	Which is NOT considered unsporting conduct for a coach:	Abusing the re-serve rule.	Making any excessive requests designed to disrupt the set.	Disrespectfully addressing, baiting or taunting anyone involved in the contest.	All of the above are considered unsporting conduct for a coach.		12-2-8d
29	Which statement is correct regarding an unruly spectator disrupting the set?	The first referee gives a yellow card to the coach of the team for whom the fan is yelling.	The first referee approaches the spectator and tells the spectator to leave the facility.	The first referee suspends the set until the host management resolves the situation, then play continues.	The second referee approaches the spectator and tells the spectator to leave the facility.		12-3
30	Which of the following is true of the official's uniform?	All officials must dress alike (unless a medical or religious accommodation has been made).	Shirts may be long or short sleeved and a state association approved color (white, cyan blue or gray).	Shoes, socks and slacks must be black.	All of the above.		5-3-1a, b, c; 5-3-1 NOTE 2
31	Which of the following is a responsibility of the scorer?	Enter on the scoresheet the uniform numbers of the starting players in proper service order.	Notify the first referee during play when there is a discrepancy with the score.	Record libero replacements and substitutions.	Time the prematch warm-up period.		5-6-1c
32	It is permissible for a player to compete with which piece of equipment:	An elbow brace that extends more than halfway down the forearm.	A knee brace that has been altered from the manufacturer's original design.	A protective face mask made of hard material that is molded to the face with no protrusions.	A cast made of plaster on the hand.		4-1-1, 4-1-2, 4-1-3, 4-1-4
33	Barrettes and other adornments in the hair are legal if they:	Do not increase risk to the player and/or teammates.	Do not increase risk to the opponent(s).	Are securely fastened.	All are correct.		4-1-6a
34	Which of the following would make a uniform bottom illegal?	Single manufacturer's logo/trademark/reference on the waistband.	Multiple manufacturer's logo/trademark/reference on the waistband.	A different-colored uniform bottom from the rest of the team.	School logo no more than 2 1/4 square inches.		4-2-1f, i
35	What is it called when opposing players commit a rule violation at the same time?	A fault.	A double fault.	Multiple faults.	A double hit.		9-7-2
36	Which of the following is not a responsibility of the second referee during the set?	Assist the first referee by making sure a whistle is blown for each dead ball.	Determine the alignment of players on the receiving team at the moment of serve.	Whistle for each serve and dead ball.	Signal how many time-outs each team has used at the beginning and the completion of a charged time-out.		5-5-3b, (3) (4) (15)
37	The attack is considered complete when the:	Attacking team has completed three hits.	Attacking team has had the opportunity to complete the attack.	The ball is falling near the net, and in the referee's judgment, no legal member of the attacking team could make a play on the ball.	All are correct.		9-6-4
38	Which of the following scenarios have the potential to be screens?	A player on the serving team waves arms and jumps while the ball is served on a low trajectory over the player.	A player moves sideways or stands close to the server preventing the receiving team from seeing contact of the serve.	A group of two or more players, on the serving team, stand close together and the ball is served directly over them.	All would be potential screening.		6-5-1,2
39	A replay may be declared when:	A double whistle occurs on the serve.	A player intentionally serves the ball prior to the referee's signal.	The ball contacts a backboard hanging in the vertical position over a playable area and, in the judgment of the referee, the ball would have remained in play.	Both A and C.		9-8-1b & h
40	Which of the following statements is true regarding the lineup?	One of the six starting players on the lineup sheet, or the libero, must be designated as the playing captain by placing a "C" next to the player's number.	Lineup must be submitted to the second referee no later than two minutes before the timed pre-match warmup ends.	Only one libero may be designated per set on the lineup sheet prior to each set.	All are true.		7-1-2a, b, c

41	The following are true regarding the serve except:	A server may only serve when in the right back position.	A server shall not touch the end line at the instant the ball is contacted for serve.	A server must complete the serve within eight (8) seconds.	A server is granted one re-serve during each time of service.		8-1-1, 8-1-2, 8-1-3, 8-2-1, 8-1-5
42	Which of the following is permitted after a replay is signaled by the first referee?	A time-out request.	A substitution request.	A libero replacement.	None of the above.		9-8-2
43	Proper substitution procedure includes:	The substitute remaining in the substitution zone until the second referee releases the substitute and player.	The substitute remaining in the substitution zone until the first referee releases the substitute and player.	The substitute using the substitution zone, which is located along the sideline between the attack line and the serving line of the team's playing area.	None of the above.		10-2-3, 10-2-4
44	An assistant coach may stand in which of the following situations?	During a dead ball in the coaching zone when one assistant coach is already standing.	During a live ball to review the accuracy of the score with the second referee.	During a dead ball in the coaching zone if no other assistant coach is standing.	During a dead ball to request a time-out.		12-2-6
45	Which of the following statements is correct regarding a time-out?	An assistant coach may verbalize or signal for a time-out.	A head coach or playing captain may verbalize or signal for a time-out.	A team non-captain may verbalize or signal for a time-out.	A head coach may request a time-out during a live ball.		11-2-1
46	All of the following are correct, except:	A time-out will last for a maximum of sixty (60) seconds.	Each team is limited to four (4) time-outs per set.	A time-out may be called by the head coach during a dead ball.	A time-out may be called prior to the start of a set.		11-2-1, 11-2-2, 11-2-3
47	If using an intermission in a best three-of-five sets match, it shall be:	Between the first and second sets.	Between the second and third sets.	Between the third and fourth sets.	Between the fourth and fifth sets.		11-5-2
48	Which of the following are examples of legal uniform numbers?	The numbers are the same color as the uniform with a clearly contrasting border not to exceed 1/2 inch in width.	The numbers clearly contrast from the uniform and include a border not to exceed 1/2 inch in width.	The numbers clearly contrast from the uniform and do not have a border.	B and C are legal uniform numbers.		4-2-4c
49	During the set, the libero tracker shall:	Enter on the tracking sheet the starting players in the proper service order.	Record libero replacements and substitutions.	Notify the second referee during first dead ball when there is a discrepancy with a replacement.	All are correct.		5-7-1b; 5-7-3a, c
50	A player shall not re-enter the set during the same dead ball in which that player was substituted.	True	False				10-3-3
51	Blocking a ball which is entirely on the opponent's side of the net is permitted when the opposing team has had an opportunity to complete its attack. The attack is considered complete when the:	Attacking team has completed its three allowable hits.	Attacking team has had the opportunity to complete the attack or, in the referee's judgment, directs the ball toward the opponent's court.	Ball is falling near the net and, in the referee's judgment, no legal member of the attacking team could make a play on the ball.	All are correct.		9-6-4a, b, c
52	In order to review a decision made by the first referee, the head coach requests and is granted a time-out during the dead ball immediately following the situation in which a possible incorrect decision occurred. The team has already used its allotted time-outs. The referee's decision prevails. A loss of rally/point shall be awarded to the opponent.	True	False				11-3-1, 11-3 PENALTY
53	A coach shall submit a roster to the second referee at the pre-match conference.	True	False				7-1-1a

54	The libero uniform can be made of the same predominant color(s) of the team uniform top if placed differently on the uniform top.	True	False				4-2-2
55	If the host school does not pad the standards, floor/wall cables and first referee's platform according to the rules, the match shall not be played.	True	False				3-1-3 PENALTY
56	A match shall be forfeited when the host management fails to resolve an unruly spectator situation.	True	False				1-7b
57	The referees' jurisdiction begins:	Upon the start of the match.	Upon the arrival on the floor.	Upon the pregame meeting.	Both A and B.		5-1-3
58	The second referee has the responsibility to:	Be in uniform at the site of the match no less than 30 minutes before the starting time.	Assist the first referee in pre-match duties.	Verify that the starting lineups have been entered correctly on the official scoresheet.	All are second referee responsibilities.		5-5-1a, b, d
59	A re-serve shall be called when:	The server releases the ball for service, then catches the ball.	The ball contacts the backboard or its supports hanging in a vertical position.	The server steps on the service line.	The server contacts the ball outside the hashmark.		8-1-2, 8-1-6
60	When a receiving team player is out of position on the serve and a service fault occurs, the receiving team is penalized.	True	False				8-2-7b
61	A player may not cross the extension of the center line outside the court at any time.	True	False				9-5-8
62	Which of the following statements is accurate in relation to net play:	A ball contacting and crossing the net shall remain in play provided contact is entirely within the net antennas.	A player shall not contact a ball which is completely on the opponent's side of the net unless the contact is a legal block.	Recovering a ball hit into the net shall be permitted.	All of the above are correct.		9-6-1, 9-6-2, 9-6-3
63	On a re-serve, after the first referee's signal for service, requests for _____ may be recognized.	Time-outs	Service order	Libero replacement	None are correct.		8-1-6
64	A serve is illegal and the ball remains dead if the server:	Tosses the ball for serve and the ball touches any part of a backboard or its supports hanging in a vertical position over the serving area.	Does not contact the ball to serve within five seconds.	Is touching the end line or the floor outside the serving area when the ball is contacted.	All are correct.		8-2-5b,c,g
65	During the set, the _____ is permitted to stand in the replacement zone.	Incoming substitute	Assistant coach	Head coach	Nonplaying team members		9-1-1, 12-2-6
66	A stray volleyball rolls onto the court during the set and disrupts play. The referee will:	Give the team that was interfered with the option of accepting the outcome of the play or a replay.	Stop play and signal a replay.	Allow the rally to continue to its natural end. The rally will be replayed only if players from the team that lost the rally complain that they were distracted by the stray volleyball.	Allow a player to bat the ball away while continuing play.		9-8-1g(1)
67	The head coach must remain seated during play after being assessed a yellow unsporting conduct card.	True	False				12-2-6
68	The player and substitute may exchange positions in the substitution zone before the second referee's signal.	True	False				10-2-4

69	When a team member seated on the bench receives a red card for unsporting conduct, the head coach must:	Have the team member escorted out.	Remain seated during play for the rest of the match.	Remain seated for the rest of the set.	Designate standing privileges to an assistant coach.		12-2-6
70	Team A's back-row setter is in the front zone near the net and jumps to try to make the team's second contact. The ball enters the plane of the net, where team A's back-row setter and team B's front-row player simultaneously touch the ball above the top of the net.	Legal play, ball remains in play.	Illegal block on team A.	Illegal attack on team B.	Double fault.		9-5-1c
71	A team A front-row player attacks the ball and then touches the bottom of the net after landing and turning to transition to the next play. The net contact does not interfere with play.	Legal play, the ball remains in play.	A net fault has occurred.				9-6-7a
72	Team A players are wearing white jerseys and have numbers that are a camouflage light and dark green that clearly contrast from the jersey. All the jerseys are the exact same color.	Legal uniform	Illegal uniform				4-2-4c
73	During a timeout, a player spills water near the court. The player is still cleaning up the water when the timeout ends. What action should the referees take?	The match should resume while someone else cleans up the water.	The player's team is issued a delay sanction.	The player's team is charged a timeout.			9-9-1j
74	What is the correct signal sequence for the first referee when the second referee whistles a net fault?	Signal the result of the play, signal the net fault, signal the number of the offending player.	Signal the number of the offending player, signal the result of the play.	Signal the result of the play, signal the number of the offending player.	Signal the result of the play.		5-2-1b
75	A Pregame Administrative Conference shall be held 20 minutes prior to the first contest on each playing date.	True	False				LHSAA Regulations
76	It is illegal for a player to play the ball while:	Grasping the bottom tape of the net for support.	Being supported by a teammate in the bench area, preventing the player from leaving the playing surface.	Grabbing the pole with one hand and pulling upward while jumping to contact the ball.	All the above.		NFHS 2-4-1b, 9-6-7
77	For illegal alignment, loss of rally/point is awarded to the opponent for:	Positioning, at the moment of a legal serve, of any player other than the server, outside the boundaries of the playing area.	Overlapping by players other than the server at the moment a legal serve occurs.	Both A and B.	None of the above.		6-4 PENALTIES
78	Which of the following is true for substitution requests?	Substitution requests can be made prior to the start of the set.	Substitutions requests can be made during a live ball.	Substitution requests can be made by an assistant coach.	Substitution requests can be made by a player on the court.		10-1-4
79	When a player changes uniforms due to blood or damage, the following is true:	If the number changes, the roster is corrected.	No penalty is assessed.	A loss of a time-out will be assessed to the offending team.	A and B are correct.		4-2-3 NOTE, 7-1 PENALTY NOTE
80	The first referee shall whistle and direct players to their respective end lines prior to the first set. What players are permitted to stand on their respective end lines?	Any rostered player.	Starting players only.	Starting players and libero only.	Non-starting players only.		5-4-3c(1)
81	Which of the following statement(s) is true regarding the volleyball?	The volleyball shall include the NFHS Authenticating Mark.	The volleyball shall be spherical with a laceless molded cover.	The volleyball shall measure at least 21 inches but no more than 24 inches in circumference.	A and B are true.		3-2-1, 3-2-3
82	When should a scoresheet be supplied to the officials' table?	At least 5 minutes before the match.	At least 10 minutes before the match.	At least 15 minutes before the match.	At least 20 minutes before the match.		3-3-1

83	Once a first referee signals for service, which of the following requests is permitted prior to the ball being served?	Liberò replacement	Substitution	Time-out	None of the above		8-1-6
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