

2023-24 Year 0-1 Baseball Study Guide



#	Question	Answer A	Answer B
1	The captain and head coach represent the team in communications with umpires. (1-1-2)	TRUE	FALSE
2	At the pregame conference, both coaches hand in their lineups to the umpire-in-chief. Team A's lineup properly lists its starters and all eligible substitutes while Team B's contains only its starters. RULING: The umpire will not accept the lineup cards until they list all starters and substitutes. (3-1)	TRUE	FALSE
3	In the 5th inning, Team B's coach wants to substitute for his pitcher with a player who was not on the original lineup card. RULING: The plate umpire will not allow the substitution. (3-1)	TRUE	FALSE
4	A slide can be either feet first or head first. If a runner slides feet first, at least one leg and buttock shall be on the ground. (2-32)	TRUE	FALSE
5	At the time of the pitch, all defensive players except the catcher must be in fair territory. To comply with this rule, a player must have at least one foot in fair territory. (1-1-4)	TRUE	FALSE
6	A foul tip is a dead ball. (2-16)	TRUE	FALSE
7	The catcher's mask must have a throat protector. (1-5)	TRUE	FALSE
8	A balk is an illegal act committed by the pitcher. Balks are only possible with a runner(s) on base. (2-3)	TRUE	FALSE
9	With 2 outs the runner on 3rd base is running on the pitch. The catcher drops "strike 3" and the runner touches the plate just prior to the catcher's throw reaching 1st base. RULING: The run counts. (9-1)	TRUE	FALSE
10	The strike zone is that space over home plate, the top of which is the batter's shoulders, and the bottom being the knees, when the batter assumes a natural batting stance. (2-35)	TRUE	FALSE

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11	F1's glove is multi-colored but contains no white or gray. RULING: Legal for play by the pitcher. (1-3)	TRUE	FALSE
12	Only baseballs that have the NFHS Authenticating Mark are permissible for use in varsity games. (1-3)	TRUE	FALSE
13	Non-adult ball/bat shaggers and base coaches must wear legal properly fitting batting helmets. (1-5)	TRUE	FALSE
14	Prior to the bottom of the 1st inning, the plate umpire notices that the Team B's catcher's face mask has an eye shield with a light blue tint. RULING: This is illegal as eye shields cannot have a presence of tint. (1-5)	TRUE	FALSE
15	Each legal pitch shall be declared by the umpire as a strike, ball, fair or foul hit, or dead ball. (6-1-4, 10-2)	TRUE	FALSE
16	The catcher comes to bat with a knee brace that, while padded, still has an exposed hinge. RULING: Illegal. (1-5)	TRUE	FALSE
17	The catcher misses a pitch which gets stuck in/on the backstop padding. Prior to the catcher getting to the backstop, the ball falls to the ground. RULING: Lodged ball; dead. (5-1-1g)	TRUE	FALSE
18	Two-way electronic communication devices are permissible from the dugout to defensive players. (1-6)	TRUE	FALSE
19	B1 hits a deep fly ball down the right-field line which the plate umpire inadvertently declares foul ball. F9 catches the ball in flight. RULING: Foul ball; dead.	TRUE	FALSE
20	B1's bunt rolls up the first-base line and stops half on the line/half on foul ground prior to reaching 1st base. RULING: Fair ball. (2-5-1)	TRUE	FALSE
21	Nonelectronic wristbands shall be worn on the wrist or forearm of a player. (1-6-1)	TRUE	FALSE

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22	B1 swings and tips the ball which goes directly to the catcher's chest protector and is then caught by the catcher. RULING: This is a foul-tip strike and the ball remains live. (5-1-1g)	TRUE	FALSE
23	B1 hits a deep fly ball down the left-field line. F7, in fair territory, reaches over the foul line and drops an attempt to make a catch. RULING: Fair ball; live. (2-5-1)	TRUE	FALSE
24	B1 swings and tips the ball which goes directly to the catcher's glove, rebounds to his chest protector and is then caught by the catcher. RULING: This is a foul-tip strike and the ball remains live. (5-1)	TRUE	FALSE
25	The runner on 2nd base rounds 3rd base and is advancing to score on a base hit when F7 throws home. F2 completely blocks the plate with his lower leg/knee while in possession of the ball and tags the runner out. RULING: Legal defensive play.	TRUE	FALSE
26	As the batter takes his position in the batter's box, the plate umpire raises his hand in the "stop signal." RULING: The ball is "dead" and no defensive action can occur.	TRUE	FALSE
27	No runs can score during a play in which the 3rd out is either a "force out" or the batter-runner before he touches 1st base. (9-1)	TRUE	FALSE
28	The pitcher will be considered to be in the wind-up position when his pivot foot is in contact with the pitcher's plate and is not parallel to it. (6-1)	TRUE	FALSE
29	With runners on base, only the plate umpire has the responsibility for calling balks. (10-1, 10-2, 10-3)	TRUE	FALSE
30	When a baserunner is returning to his base following a caught fly ball and the fielder's throw beats him to the base, it is considered a "force out." (8-2)	TRUE	FALSE
31	It is an "infield-fly situation" anytime there is at least a runner on 1st base with fewer than 2 outs. (2-19)	TRUE	FALSE

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32	Caps and shoes are required equipment. Track spikes are not allowed. (1-4)	TRUE	FALSE
33	Interference usually involves actions committed by defensive players. Obstruction relates to actions of offensive players. (2-21, 2-22)	TRUE	FALSE
34	Any questions regarding the legality of a player's equipment shall be resolved by the umpire-in-chief. (1-5-10)	TRUE	FALSE
35	With any runners on base, it is the plate umpire's responsibility for all fair/foul calls.	TRUE	FALSE
36	The defensive team may appeal any ball or strike call by the plate umpire. (10-1-4)	TRUE	FALSE
37	B1's batted ball strikes the ground in front of home plate, rebounds and hits his lead leg in fair territory as he is advancing to 1st base. His other leg is still in the batter's box when this occurs. RULING: The batter should be called out for interference.	TRUE	FALSE
38	Players may wear jewelry during games. (1-5)	TRUE	FALSE
39	R1 is on 1st base when a ground ball is hit to F6 who throws to F4 covering second. R1 slides late at second, stays in the baseline, but makes contact with F4 who is in front of the base, causing him to overthrow 1st base. RULING: Providing the slide is legal and the contact is not malicious, there is no violation. (2-32)	TRUE	FALSE
40	A "ball" is always awarded to the batter when a balk is called. (6-1-3 PEN, 8-3-1a, 8-3-5a)	TRUE	FALSE
41	The pitcher will be considered to be in the set position when his pivot foot is in contact with or directly in front of and parallel to the pitcher's plate. (6-1)	TRUE	FALSE
42	In order for a team to utilize a designated hitter in the game, the coach must declare one and list it on the lineup card he hands to the umpire-in-chief at the pregame conference at home plate. (3-1-4)	TRUE	FALSE

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43	An intentional base on balls may be issued by the defensive team prior to their pitching to the batter or on any ball/strike count thereafter. (2-4-3)	TRUE	FALSE
44	If there is a medical emergency or if, in the umpire's opinion, further play could jeopardize an injured player's safety, the umpire can immediately call "Time" and halt play. (5-2-1)	TRUE	FALSE
45	The umpire-in-chief shall decide whether the grounds and other conditions are suitable for starting the game. (4-1)	TRUE	FALSE
46	Before the plate umpire puts any dead ball back in play, he must first ensure that the pitcher is legally holding the ball while touching the pitcher's plate, the catcher is in the catcher's box and the batter is in the batter's box. (5-1-4)	TRUE	FALSE
47	The defensive player for whom the DH is batting may only pinch hit/run for the player in the DH's slot in the batting order.	TRUE	FALSE
48	It will be ruled a "delayed dead ball" when the catcher or any fielder obstructs the batter or any runner. (5-1, 5-2)	TRUE	FALSE
49	From the wind-up position, the pitcher may throw to an occupied base to make a play on a runner there if he first clearly steps toward that base. (6-1, 6-2)	TRUE	FALSE
50	When the pitcher is touching the pitcher's plate with his feet in the wind-up position, he may step backward off the plate with his pivot foot first or he may deliver a pitch. (6-1)	TRUE	FALSE
51	A regulation varsity game consists of 7 innings unless extra innings are necessary to resolve a tie score, the home team does not require its half if weather or darkness intervenes. (4-2)	TRUE	FALSE
52	A player may be removed as pitcher and returned as pitcher any number of times during an inning as long as he remains in the game. (3-1-2)	TRUE	FALSE

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53	Prior to the start of the game, each head coach shall verify to the umpire-in-chief that his players are properly equipped in accordance with NFHS rules and are using only legal equipment. (4-1-3)	TRUE	FALSE
54	The 3rd-base coach is accidentally hit by a thrown ball while standing in the coach's box. RULING: There is no penalty and the ball remains live.	TRUE	FALSE
55	When hitting the ball, the batter must have both feet touching completely within the lines of the batter's box. (7-3)	TRUE	FALSE
56	Each team, when on offense, will be granted only 1 charged conference per inning to permit the coach to confer with team personnel. (3-4)	TRUE	FALSE
57	At the beginning of each inning, the pitcher may warm up by using not more than five throws, completed in one minute (timed from the third out of the previous half-inning). (6-2)	TRUE	FALSE
58	On a potential tag play on the batter-runner between home and 1st base, the batter-runner retreats toward home to evade a tag. RULING: The umpire will declare the batter-runner out immediately. (8-4-1)	TRUE	FALSE
59	The batter swings at the pitch which hits him on the forearm. RULING: The ball is dead; a strike is charged to the batter and any runners return to their original bases. (7-2-1)	TRUE	FALSE
60	Pitching regulations begin when the pitcher intentionally contacts the pitcher's plate. (6-1-1)	TRUE	FALSE
61	Courtesy runners may be used for the pitcher and/or catcher at any time, regardless of the number of outs or the ball/strike count. (pg. 68 -- Speed Up Rules)	TRUE	FALSE
62	The pitcher's pivot foot is that foot with which the pitcher contacts the pitcher's plate when he delivers the ball. (2-28)	TRUE	FALSE

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63	If the designated hitter (DH) is not also a defensive player, he may hit in different spots in the batting order. (3-1-4)	TRUE	FALSE
64	The visiting team's catcher is wearing dark tinted sunglasses under his hockey-style catcher's mask. RULING: This is legal. (1-5-4)	TRUE	FALSE
65	The scorekeeper informs the plate umpire of a player batting out of order. RULING: The umpire shall remain silent, unless the defense brings the infraction to the umpire's attention.	TRUE	FALSE
66	Between innings, the non-playing members of Team A run in foul territory toward the outfield fence to stay loose. RULING: This activity is legal provided it does not delay the start of the next half-inning.	TRUE	FALSE
67	A team, while on defense, is permitted 3 charged conferences in a 7-inning game or 1 for each extra inning. Any conference in excess of these limits will cause the pitcher to be removed as pitcher for the remainder of the game. (3-4)	TRUE	FALSE
68	Ground rules established to cover unusual field conditions may not supersede the NFHS Baseball Rules Book.	TRUE	FALSE
69	In Louisiana, the 10-run rule is in effect for all regular-season and playoff games.	TRUE	FALSE
70	Bats shall not have exposed attachments, rivets, pins or sharp edges. (1-3)	TRUE	FALSE
71	The defensive team's assistant coach is granted a time-out to confer with his first baseman. RULING: The defensive team will not be charged with a conference in this situation. (3-4)	TRUE	FALSE

#	Question	Answer A	Answer B
72	<p>After the head coach has verified to the plate umpire that all his team's equipment is legal, B9 hits a bases-loaded home run with 2 outs in the 3rd inning. While he is circling the bases, it is discovered that the bat's end cap has been removed and the bat has been stuffed with ping-pong balls.</p> <p>RULING: The plate umpire shall declare the bat illegal, call B9 for the 3rd out, cancel all runs scored and, if this is the first violation of the rule, restrict the head coach to the bench for the duration of the game.</p>	TRUE	FALSE
73	<p>The umpire examines the ball and decides it is not suitable for play and gives F2 a new ball. RULING: The ball remains "dead" and no play is possible until F1 holds the ball on the pitcher's plate, B1 & F2 are in their respective boxes and the umpire calls "Play", giving the proper signal.</p>	TRUE	FALSE
74	<p>The batter is automatically out anytime 1st base is occupied and the catcher drops "Strike 3".</p>	TRUE	FALSE
75	<p>After assuming a wind-up position, the pitcher must step clearly backward off the pitcher's plate with his pivot foot in order to play on any runner on base.</p>	TRUE	FALSE
76	<p>The ball becomes dead immediately when there is interference by a runner. (5-1)</p>	TRUE	FALSE
77	<p>An unreported substitute is an illegal substitute. (2-36, 3-1)</p>	TRUE	FALSE
78	<p>B1 hits a low line drive that passes directly over 3rd base and first contacts the ground in foul territory. RULING: Foul ball. (2-16-1)</p>	TRUE	FALSE
79	<p>B1's hard hit ball strikes the front edge of the pitcher's plate and caroms into foul territory between home and 1st base. RULING: Foul ball. (2-16-1)</p>	TRUE	FALSE
80	<p>A legal bat may be dented but not cracked. (1-3)</p>	TRUE	FALSE

#	Question	Answer A	Answer B
81	The visiting team's catcher is using a hockey-style one-piece helmet/mask. RULING: Legal provided it meets the NOCSAE standard. (1-5)	TRUE	FALSE
82	Upon reaching 1st base following a hit, B1 is brought a helmet with only 1 ear flap to wear. RULING: Illegal, as both batters and baserunners must wear full head-covering helmets with dual ear flaps which are NOCSAE approved. (1-5-1)	TRUE	FALSE
83	F9, charging in on a shallow fly ball, gets the ball in his glove in flight but contact with the ground causes the ball to hit the ground. RULING: No catch. (2-9)	TRUE	FALSE
84	F8, charging toward the outfield fence on a deep fly ball, catches it but immediately hits the fence. As a result, the ball falls out of his glove over the fence. RULING: Home run.	TRUE	FALSE
85	"Obstruction" against an offensive player causes a "delayed dead ball." (5-1)	TRUE	FALSE
86	Any umpire has the authority to restrict or eject players and coaches or to forfeit a game. (10-1, 10-2, 10-3)	TRUE	FALSE
87	In order to make a legal catch, a fielder must have at least one foot touching "live-ball" area.	TRUE	FALSE
88	F5 is positioned just inside the foul line while attempting to catch a pop up. He reaches over foul ground for the catch but the ball hits his glove and caroms to the ground in fair territory. RULING: Fair ball. (2-16)	TRUE	FALSE
89	In the 6th inning, Team A's coach requests "Time-out" to confer with his pitcher. He subsequently decides to bring in a new pitcher. RULING: Team A will not be charged for a conference. (3-4-1)	TRUE	FALSE
90	Team B still has its 3 charged conferences. After the 1st out in the bottom of the 6th inning, B's coach goes to the mound for a conference. Following the next batter, he goes out again. RULING: Team B must now change pitchers since this was the 2nd trip to the mound in the inning. (3-4)	TRUE	FALSE

#	Question	Answer A	Answer B
91	With 2 outs B1 swings and misses the pitch for "Strike three" but F2 drops the ball. B1 heads to the dugout and F2 rolls the ball out to the mound. RULING: B1 is entitled to try to reach 1st base, but if he gives up and enters the dugout or other dead-ball area, he will be declared out. (8-4-1-i)	TRUE	FALSE
92	With R1 on 1st base, F1 receives the ball from F2 and with the feet in set position stance in contact with the pitcher's plate, removes the ball from the glove. RULING: This is a balk as restrictions on F1's movements begin when he intentionally contacts the pitcher's plate with his pivot foot. (6-1, 6-2)	TRUE	FALSE
93	Runners are on base when F1, in set position, comes to a complete stop with the glove partially above his chin. RULING: This is legal as F1's glove need only be at or below his chin. (6-1-3)	TRUE	FALSE
94	With one out and R1 on first base, B3 swings and misses making contact with F2 on B3's follow-through. This action interferes with F2's throw to second base in an effort to put out advancing R1. RULING: B3 is out and R1 is returned to first base.	TRUE	FALSE
95	A batter can legally switch batter's boxes during the same at-bat and an ambidextrous pitcher can change to either hand at any time while facing a batter.	TRUE	FALSE
96	Any umpire's decision which involves judgment, such as whether a hit is fair or foul, whether a pitch is a strike or a ball, or whether a runner is safe or out, is final unless there exists a reasonable doubt about a decision being in conflict with the rules. (10-1)	TRUE	FALSE
97	The bases are loaded when a ground ball to F1 is thrown to F2. R3 slides directly into and past home plate. F2 on his throw to another base is contacted by R3 in the baseline extended. RULING: This is interference by the baserunner.	TRUE	FALSE

#	Question	Answer A	Answer B
98	A runner, in his proper path, goes behind a fielder attempting to field a batted ball in order to avoid interfering with him. RULING: The runner has not committed interference.	TRUE	FALSE
99	The batter enters the box with a non-wood bat that has a BBCOR certification mark. RULING: The bat is legal for play. (1-3-2d)	TRUE	FALSE
100	After F1 has started his delivery, B1 steps out of the batter's box without being granted "Time-out". RULING: If F1 delivers a legal pitch, the umpire shall call the pitch a strike regardless of the location. The ball remains "live".	TRUE	FALSE
101	All fielders may wear any glove/mitt that meets rules specifications. (1-3-6)	TRUE	FALSE
102	From the wind-up position, F1 brings his hands up, as if to begin his windup, and then steps back off the pitcher's plate with his pivot foot and throws to 3rd base to play on the runner there. RULING: This is legal action by the pitcher. (6-1, 6-2)	TRUE	FALSE
103	The ball becomes dead immediately when a balk or illegal pitch occurs. (5-1)	TRUE	FALSE
104	A pitch or any thrown ball becomes immediately dead when it lodges in an umpire's, catcher's or offensive player's equipment or uniform. (5-1-1g)	TRUE	FALSE
105	If a bleeding or injured player has to leave the game for appropriate treatment, the re-entry rule is suspended for him and he may return to the game regardless of any prior substitution made for him. (3-1-6)	TRUE	FALSE
106	Even though the plate umpire is designated as "umpire-in-chief", he cannot by rule, overturn decisions by the base umpire(s) unless asked for help by the umpire who made the call. (10-1, 10-2, 10-3)	TRUE	FALSE
107	When a baserunner runs more than 3 feet from a direct line between himself and the base to which he is heading to avoid being tagged, the umpire shall declare the runner out. (8-4)	TRUE	FALSE

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108	R1 is on 1st base when the plate umpire calls a balk just as F1 delivers the pitch. B3 hits the pitch over the outfield fence for a home run. RULING: The umpire should give the offensive coach the option to ignore the balk and take the result of the play. (6-1-3)	TRUE	FALSE
109	A baserunner is hit by an "infield fly" while he is not touching his base. RULING: Both the runner and the batter are called out. (2-19, 8-4-1)	TRUE	FALSE
110	On a field with no lights and worried about the time element as concerns daylight, both coaches want to play their varsity doubleheader with each game consisting of only 5 innings. RULING: Not legal. To be regulation, both games must be scheduled for 7 innings. (4-2)	TRUE	FALSE
111	F3 has one foot in foul territory when he receives a pick-off throw from the pitcher. RULING: Illegal. (1-1-4)	TRUE	FALSE
112	On a base hit, the 3rd base coach grabs the runner rounding third, forcing him to touch the base. RULING: The runner rounding 3rd base is declared out, the ball remains live and other runners may advance at their own risk. (3-2-2, 8-4-2s)	TRUE	FALSE
113	Neither of the pitcher's feet must be completely within the 24" confines of the pitcher's plate when he begins his pitching motion. (6-1, 6-2)	TRUE	FALSE
114	Following a morning rain, playing conditions are questionable for an afternoon game. RULING: Both coaches must agree that the grounds and other conditions are suitable for play in order to start the game. (4-1)	TRUE	FALSE
115	In Louisiana, coaches are not required to wear team uniforms or helmets in order to perform their on-field duties during the game.	TRUE	FALSE