



**2023 LHSAA Outdoor Track and  
Field Friday Classes (2A&3A) &  
Saturday Classes (4A&5A)**

**State Meet Bulletin**

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# IMPORTANT DATES

2022-2023 DATES	ACTIVITY
MONDAY, JANUARY 30, 2023	1st Practice (Current medical history/exam, athletic participation/ parental permission, and substance misuse forms must be on file.)
MONDAY, FEBRUARY 27, 2023	1st Meet (Eligibility must be submitted online.)
MONDAY, MARCH 6, 2023	Deadline for Submitting GPAs online for seniors for All-Academic
WEDNESDAY, APRIL 19, 2023- SATURDAY, APRIL 22, 2023	District Meets ( Classes B - 5A - Boys' and Girls') <b>(Meets may be earlier if approved by District)</b>
SATURDAY, APRIL 22, 2023	End of Regular Season (All Classes - Boys' and Girls')
FRIDAY, APRIL 28, 2023	Regional Meet Deadline (All Classes)
THURSDAY, MAY 4, 2023	State Meet (Classes 1A, B and C)
FRIDAY, MAY 5, 2023	State Meet (Classes 3A and 2A)
SATURDAY, MAY 6, 2023	State Meet (Classes 5A and 4A)
SUNDAY, MAY 14, 2023	Summer Rules Begin

# STATE MEET INFORMATION

Friday, May 5 & Saturday, May 6, 2023  
Bernie Moore Track Stadium at LSU  
Baton Rouge, LA

## SCRATCH INFORMATION

**SCRATCH DEADLINE: Tuesday, May 2, 2023 at 12 p.m. noon.**

A scratch must be submitted on school letterhead, signed by the coach and school principal, and emailed to Adam MacDowell (amacdowell@lhsaa.org).

The school that scratches a contestant is responsible for notifying the alternate contestant's school. If a qualifying contestant from the regional meet is scratched and the alternate is not notified prior to the scratch deadline, there shall be no replacement allowed.

Bylaw 23.6.13: "There will be no scratch meeting for the state meet. Schools that qualify contestants from the regional meet to the state meet shall declare by noon on Tuesday of the week of the state meet any scratches for those qualifying to the state meet. It will be the responsibility of the school that scratches a contestant to notify the alternate school qualifier by noon on Tuesday of the week of the state meet. **Schools failing to scratch contestants prior to noon on Tuesday of the state meet shall be fined \$50 per contestant unless** a letter from a doctor or the principal stipulates that the contestant was unable to compete due to medical reasons or other unusual circumstances."

## HEAT SHEET INFORMATION

**DISPUTE PERIOD: Tuesday, May 2, 2023 12 p.m. noon to 4 p.m.**

Bylaw 23.6.5: "Prior to the state meet, the LHSAA shall place a state meet memorandum on its website and notify all schools when available. Each head track coach shall be notified by email as to when the heat sheets are available. Once notified the participating schools shall have four hours to review, appeal, or dispute the school's heat sheets which are posted on the LHSAA website. The only changes that will be considered at this time shall be errors in reporting/posting by the Regional Meet Director or the LHSAA administration. Omissions/errors by the participating schools are not appealable or disputable."

## PACKET PICKUP

**10:00 a.m. until 2:00 p.m. in the Carl Maddox Indoor Track Field House.**

Team Packets contain Heat Sheets, Participant wristbands (alternates included), appeal form and pole vault coaches pass and weigh-in information if applicable.

ONLY the Head Coach shall pick up team packets and will be required to sign the equipment verification form. Assistant Coaches or Faculty Representatives must present a valid ID and a letter from the principal in order to pick up team packets. If a school enters no more than two contestants in the meet, the student(s) may be accompanied by a faculty coach/representative or an LHSAA approved Non-Faculty coach from any other school/system entered in the meet, if both schools' principals give written permission. The written permission shall be presented to the meet director at the packet pickup area.

**Pick-up AFTER 2:00pm** – packets will be available in the southwest corner (near section 14) of the press box in the Track and Field Stadium.

## DROP OUTS

Each School is responsible for notifying alternate qualifiers and the LHSAA office if participant will not compete in State Meet - **must be notified by 12:00 noon, Tuesday, May 2, 2023.**

## PARTICIPATION PASSES

Received in Packet at Packet Pick-up. One wristband is given to each student-athlete qualifying for the Meet (including alternates listed on the entry sheet). Participants must have a wristband with them at all times and present a pass at the pass gate to be admitted free of charge. Pass is only applicable for their competition day only. Contestants must remain in stands or check-in area.

## POLE VAULTERS WEIGHT CERTIFICATION - GATE 14

### **GATE 14**

Pole vaulter's weight verification forms (located in team packet) must be presented to the meet official at weigh-in. This form must be filled in completely and signed by all parties as listed. Failure to bring this form will disqualify your contestant in the pole vault event. Coaches with pole vaulters must have athlete(s) in the Equipment Room at least 1-1/2 hours prior to their event for verification of weight and pole rating. All pole vaulters will be weighed at this time and poles will be marked for competition at this time.

All coaches that have vaulters competing will be allowed on the infield and restricted to the coaching area near the vault during their event.

Pole Vault Coaches must have a wristband (opposite color of athletes) located in the Team Packet to enter the infield.

Rule 3-2 Article 8 of the NFHS Track & Field Handbook states: Electronic devices may be used in unrestricted areas and coaching boxes, provided the location does not interfere with the progress of the meet as determined by the meet referee. a) Electronic devices shall not be used to transmit information to the competitor during the race or trial. b) Electronic devices shall not be used for any review of an official's decision.

## EQUIPMENT CHECK - GATE 13

**Uniform and Track Shoes:** All competitors shall follow Rule 4-2 Section 3 of the NFHS Track & Field Rules Book for Uniform and Track Shoe Compliance.

**Track Shoes/Spikes:** All spikes must be checked outside at Gate 13 of Bernie Moore Track. Spikes must be checked prior to accessing Bernie Moore Track or enter Carl Maddox Fieldhouse. Athletes will not be able to compete without having their spikes tagged. Any athletes competing with non-tagged spikes will be disqualified. Acceptable spikes: ¼" pyramids.



**Batons and Blocks:** LSU will supply all batons and starting blocks.

**Tape:** Tape located at each exchange zone provided by LSU.

## EVENT CALLS

### **30 minutes prior to event**

Two calls for each event. The first call is 30 minutes prior to the event and the last call is 20 minutes prior to the start of the event. Calls are made at the check-in area only.

Contestants must report immediately to the check-in area on the first call and no later than 20 minutes prior to their event. After reporting and being checked, they may continue to warm-up/participate in other events prior to the next event.

## PRACTICE / WARM-UP

### **10:00AM - 11:45AM GATE 12 / BERNIE MOORE TRACK STADIUM**

Team packets shall first be picked up by the head coach and all participating athletes must wear their competitor wristbands to be eligible to enter the track. Any tape or marks placed on the track or field event runways during practice will be removed prior to the competition.

The indoor track will be available at 10:00 a.m. for warmups. No team camps and no athlete bathrooms will be available in the indoor track. No dressing rooms are available. All Contestants will warm up and report for events in the grassy area next to the field house.

**NOTE:** PARTICIPANTS WILL BE DISQUALIFIED FROM THEIR RESPECTIVE EVENTS IF A COACH, MANAGER, OR A TEAM ATTENDANT IS DISCOVERED ON THE TRACK OR IN THE FIELD EVENT AREA WHILE COMPETITION FOR HIS/HER EVENT IS IN PROGRESS. (Exception – Designated pole vault coaches within the coaches' box)

## FIELD EVENTS

### **START TIME: 1:30PM at GATE 11**

Contestants are only allowed inside the track when competing. **All throwing implements will be weighed and measured near Gate 14, inside the track.** All implement weigh-ins will open 90 minutes prior to the first field event and will remain open throughout the competition. Implements shall be weighed at least 90 minutes prior to each event. Top 7 go to Finals (one more than scoring). Pole Vault & High Jump are seeded randomly by height.

## RUNNING EVENTS

Athlete Check- In: **Gate 12 ( see diagram on page 10)**

### **START TIME: 2:30PM (4X800); 4:00PM (4X200)**

Contestants are only allowed inside the track when competing.

#### **4x100 Meter Relay:**

- 30-meter exchange zone
- Start line white
- Between the white lines before the numbers on the track and the second mark in gold.

#### **4x200 Meter Relay:**

- 30-meter exchange zone
- Start red with a white line
- Exchanges from 1 to 2 and 2 to 3 - Between the red line and the second mark in red. Exchange from 3 to 4 - Between the blue line and the second mark in gold.

#### **4x400 Meter Relay (3-turn stagger)**

- Start white with a blue line
- 20-meter exchange zone between blue marks

#### **4X800 Meter Relay (1 turn stagger)**

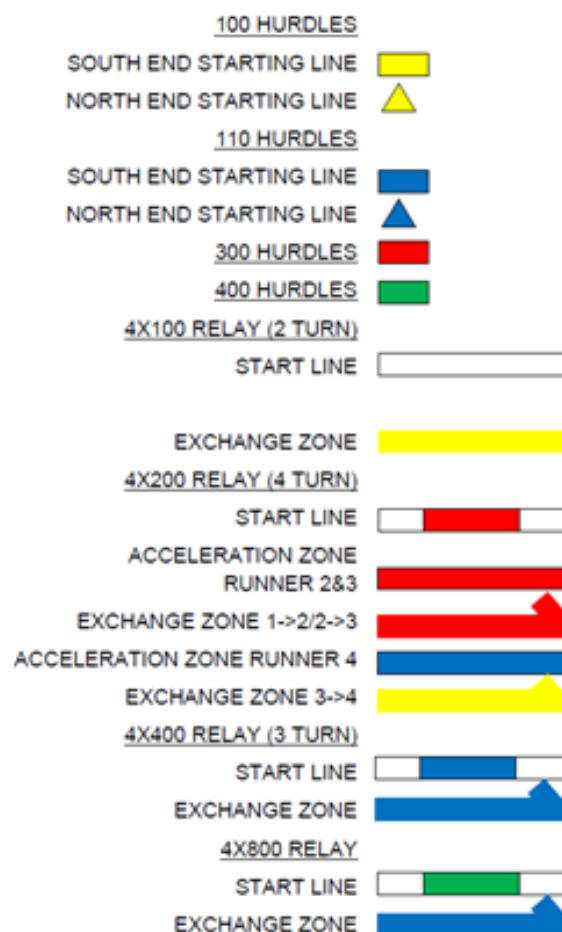
- Start at white with green Line
- Exchange zone between blue marks

**NOTE:** LSU's track is updated to reflect 30-meter exchange zones for the 4x100m. Tape provided by LSU.

800 Meter Run: Use one-turn stagger - runner may move to inside beyond flag/ cones on back straightaway if he/she has more than one stride advantage on contestants on inside.

1600 and 3200 Meter Run: Use waterfall start - runner may move to inside if he/she has more than one stride advantage over contestants on his/her inside.

### **BERNIE MOORE TRACK KEY**





## MULTI- EVENT CONFLICT

Competitors will be allowed to jump/throw out of order, in the preliminaries but delaying the competition during the prelims will not be allowed. Competitors will be allowed to jump/throw out of their assigned order in the finals, but they will only be allowed to move up in the order of jumps/throws. Athletes must take **ALL** jumps prior to leaving. **There will be a 10-minute time limit for competitors that are excused by the field event judge to compete in another event. No protest will be accepted if the competition concludes within this 10-minute time period as athletes are encouraged to take their throws/jumps prior to being excused.**

## WHEELCHAIR AND PARA-AMBULATORY INFORMATION

### THURSDAY, MAY 4TH; START TIME APPROX. 6:00PM

#### Wheelchair Track and Field:

Any questions concerning wheelchair track and field should be answered by applying to the section of the LHSAA handbook dealing with participation in wheelchair track and field. This information can be found in the LHSAA Handbook: Section 23.

**Note:** All Wheelchair athletes will compete on Thursday, May 4th (First day of the meet).

### FRIDAY, MAY 5TH: START TIME APPROX. 5:20PM

#### Para-Ambulatory:

A para-ambulatory athlete shall have a permanent orthopedic, neuromuscular, or other physical disability. Permanent orthopedic impairment shall be verified by a licensed physician and maintained on permanent file at the school.

**Note:** All para-ambulatory athletes will compete on Friday, May 5th (Second day of the meet).

## LHSAA OFFICIALS - JURY OF APPEALS - MEET OFFICIALS/ PROTEST

A protest form is in the team packet. Protest must be in writing and delivered to an LHSAA representative at the protest table at the north end of the south press box. (Near Section 14)

**TRACK REFEREE:** JAMES SIMMONS

**FIELD REFEREE:** DENNIS PANEPINTO

**JURY OF APPEALS:** JOEY PENDER, FRANK TRAMMEL, SCOTT CARROWAY

**POLE VAULT VERIFICATION/ IMPLEMENT WEIGH-IN OFFICIALS:** JOE MOREAU, JOEL MCFARLAND, DEAN JOHNSON

**CLERK OF COURSE:** WAYNE MESSINA, FRED EHRHART

**MEET DIRECTOR:** ADAM MACDOWELL, LHSAA ASSISTANT EXECUTIVE DIRECTOR

**MEET OFFICIALS:** MEMBERS OF LSU TRACK & FIELD OFFICIALS' ASSOCIATION

## SCORING

Scoring for individual events and relays.

PLACE	1ST	2ND	3RD	4TH	5TH	6TH
POINTS	10	8	6	4	2	1

## AWARDS

1st, 2nd, and 3rd place winners in all individual and relay events will be announced and awarded at the podium immediately following each event. Athletes shall not wait for award presentations if they have been released from a field event or have a running event in which they need to report.

MVP awards are presented during the team trophy presentation at the conclusion of the meet for each classification. Selected by the working media based on best performance or total points.

## ALL- ACADEMIC

### **FRIDAY and SATURDAY, MAY 5TH & 6TH AT 3:30PM**

All-Academic Awards will take place at 3:30 p.m. Each recipient should enter the All-Academic/ LHSCA Pass Gate at Gate 3 at least 30 minutes before the award presentation. The recipient will receive free admission for yourself as well as up to two guests. Any additional family members or guests may purchase tickets online. All - Academic information has been sent to your school's principal.

## MEDIA

### **Location: CARL MADDUX INDOOR FIELD HOUSE**

Media without a credential must check in with LHSAA at the Indoor Track. If you have any questions, email Vincent Cacioppo at [vcacioppo@lhsaa.org](mailto:vcacioppo@lhsaa.org).

## COACHES AND ADMINISTRATOR ENTRANCE

**GATE 2 :** Must present LHSAA/LHSCA card and a valid driver's license to accompany the card. Passes are not transferable. Guest must arrive with you if applicable.

## TICKETS - ONLINE ONLY

Tickets are only available online and can be purchased for \$12.00, through the day of the event. Children ages 2 and under are free. Those entering will be stamped and may leave and return throughout the day. Tickets can be purchased online. See Ticket links below for Friday and Saturday!

2023 LHSAA Outdoor Track Championship - [Friday](#)

2023 LHSAA Outdoor Track Championship - [Saturday](#)

## SPECTATOR/ GUEST ENTRANCE & SPECTATOR STUDENT -ATHLETES AND COACHES

### **GATE 3: Gates will open at 12:30PM**

**Radio/Cell Phones:** No radios or portable stereos/speakers will be allowed in Bernie Moore Track Stadium. Please remind your athletes of this policy. No cell phones or walkie-talkies will be allowed on the track or infield at any time during the meet by participating athletes.

**Ice Chests/Coolers:** No coolers, ice chests, or storage containers are allowed. These should be left on the school bus or a team-monitored tent area on the grass practice field.

**Tents/Tarps/Umbrellas:** No tents are allowed inside the stadium. Tents are only allowed in grassy areas outside the stadium. Umbrellas block the view of spectators and shall not be used inside the stadium.

**Food and Drinks:** Water is only permitted drink allowed on the rubber surface at Bernie Moore Stadium and inside Carl Maddox Fieldhouse. Team food is only permitted in the bleachers at Bernie Moore Stadium.

**Bags:** Only shoe bags and drawstring bags are permitted inside Carl Maddox Fieldhouse. No bags of excessive size (backpacks, duffel bags, suitcases, coolers) are permitted inside the Fieldhouse.



## PARKING INFORMATION/ BUS PARKING INFORMATION

Please plan to arrive early for events and to find alternate directions to and from the campus. Please use [www.LSUSports.net/WAZE](http://www.LSUSports.net/WAZE) and/or download the Waze app.

LSU recommends all schools review directions in advance and map out their routes and drop-off locations. In addition, all teams should communicate internally to coordinate locations for staff and athletes to rendezvous.

### BUSES DROP OFF: LOT 407 (gravel lot near River Road)

Busses will not be allowed to drop off/unload along Nicholson Dr. In addition, several left turns will not be accessible in the southbound lane of Nicholson. Please see the attached map for recommendations for bus drop-off and parking locations. Bus parking will be located in lot 407 - gravel lot near River Road, west of Tiger Park and across from the Vet School. Busses will NOT be allowed to park in Lot 104-Bernie Moore, Lot 105-Carl Maddox, or Lot 106-Carl Maddox Grass.

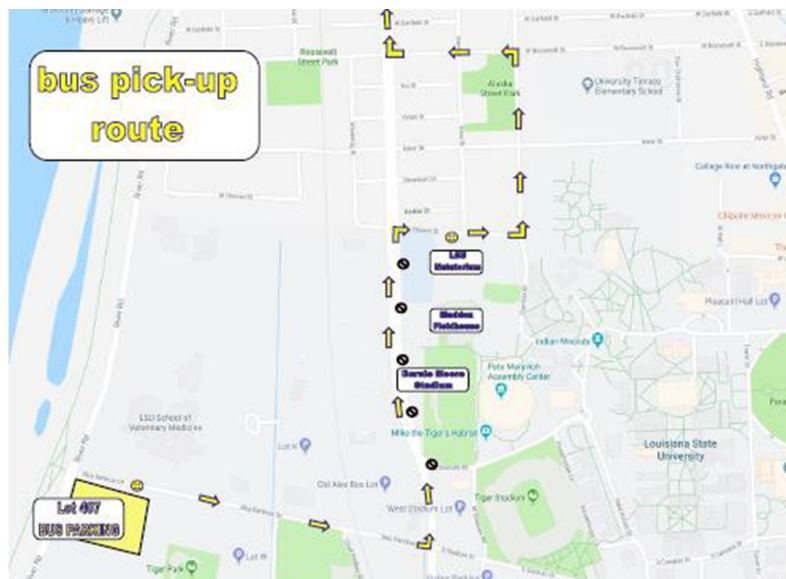
### Bus Drop-off Directions (From Nicholson, southbound traffic)

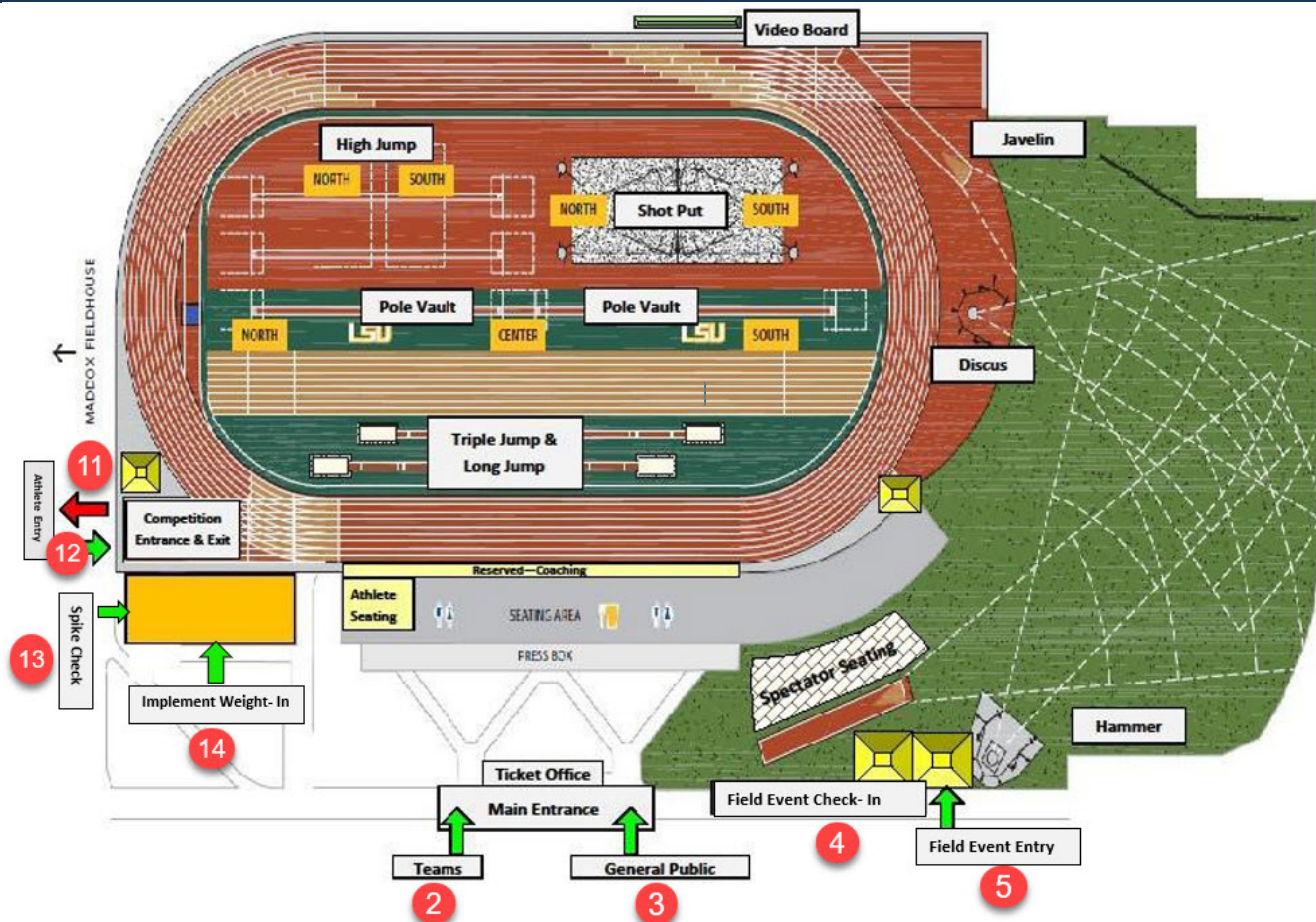
Heading southbound on Nicholson; Turn Left at Aster Street; Turn right at Iowa Street (unload in front of the LSU Natatorium); Turn Left on W. Chimes St.; Turn Left on Alaska St.; Turn Left on W. Roosevelt St.; Turn Left on Nicholson; Proceed southbound to Skip Bertman Drive; Turn Right on Skip Bertman Dr.; Proceed top Lot 407.



### Bus Pick-up Directions (From Lot 407 to the interstate)

Depart Lot 407, head east towards Tiger Stadium; Turn Left on Nicholson; Proceed north until reaching W. Chimes St.; Turn Right on W. Chimes St.; Turn Left on Alaska St.; Proceed Straight to Roosevelt St.; Turn Left on Roosevelt St.; Proceed straight to Nicholson; Turn Right on Nicholson; Proceed to the interstate.





Map Key	
Number	Description
#2	Teams, coaches and administrators entrance
#3	Spectator entrance
#4	Field Event Check- in for <b>Discus and Javelin</b>
#5	Field Event Entry for <b>Discus and Javelin</b>
#11	Field Event Check-In for <b>Triple &amp; Long Jump, Pole Vault, High Jump, and Shot Put</b>
#12	Athlete Check - In for Running Events
#13	Equipment/ Spike Check
#14	ALL Implements Weigh- In

# SCHEDULE OF FIELD EVENTS

FRIDAY, MAY 5

Time	Event	Class	Girls/Boys	Location
1:30 PM	Long Jump	2A	Boys	East Runway
	Long Jump	3A	Girls	West Runway
	High Jump	3A	Boys	South Pit
	High Jump	2A	Girls	North Pit
	Pole Vault	2A	Boys	Middle Pit
	Pole Vault	3A	Girls	North/South Pit
	Javelin	2A	Boys	East Runway
	Javelin	3A	Girls	West Runway
	Shot Put	3A	Boys	South Ring
	Shot Put	2A	Girls	North Ring
2:45 PM	Long Jump	3A	Boys	East Runway
	Long Jump	2A	Girls	West Runway
	High Jump	2A	Boys	South Pit
	High Jump	3A	Girls	North Pit
	Javelin	3A	Boys	East Runway
	Javelin	2A	Girls	West Runway
	Shot Put	2A	Boys	South Ring
	Shot Put	3A	Girls	North Ring
4:00 PM	Triple Jump	2A	Boys	East Runway
	Triple Jump	3A	Girls	West Runway
	Pole Vault	3A	Boys	Middle Pit
	Pole Vault	2A	Girls	North/South Pit
	Discus	3A	Boys	East Ring
	Discus	2A	Girls	West Ring
5:15 PM	Triple Jump	3A	Boys	East Runway
	Triple Jump	2A	Girls	West Runway
	Discus	2A	Boys	East Ring
	Discus	3A	Girls	West Ring
6:15 PM *Para-Ambulatory*	Shot Put	All Classes	Boys and Girls	South Ring
6:45 PM *Para-Ambulatory*	Discus	All Classes	Boys and Girls	East Ring
7:15 PM *Para-Ambulatory*	Javelin	All Classes	Boys and Girls	East Runway

# SCHEDULE OF RUNNING EVENTS

## FRIDAY, MAY 5

Event/Time	Class	Girls/Boys
<b>2:30 PM</b>	<b>4x800-meter relay begins</b>	
4x800-meter relay	2A	Girls
4x800-meter relay	3A	Girls
4x800-meter relay	2A	Boys
4x800-meter relay	3A	Boys
<b>3:30 PM</b>	<b>All-Academic Presentation (2A and 3A)</b>	
<b>3:55 PM</b>	<b>Invocation and National Anthem</b>	
<b>4:00 PM</b>	<b>Running Time Schedule Begins (rolling schedule)</b>	
4x200-meter relay	2A	Girls
4x200-meter relay	3A	Girls
4x200-meter relay	2A	Boys
4x200-meter relay	3A	Boys
1600-meter run	2A	Girls
1600-meter run	3A	Girls
1600-meter run	2A	Boys
1600-meter run	3A	Boys
100-meter hurdles	2A	Girls
100-meter hurdles	3A	Girls
110-meter hurdles	2A	Boys
110-meter hurdles	3A	Boys
<b>*Para-Ambulatory* 100-meter run</b>	<b>All Classes</b>	<b>Boys and Girls</b>
100-meter dash	2A	Girls
100-meter dash	3A	Girls
100-meter dash	2A	Boys
100-meter dash	3A	Boys
800-meter run	2A	Girls
800-meter run	3A	Girls
800-meter run	2A	Boys
800-meter run	3A	Boys
4x100-meter relay	2A	Girls
4x100-meter relay	3A	Girls
4x100-meter relay	2A	Boys
4x100-meter relay	3A	Boys
<b>*Para-Ambulatory* 400-meter run</b>	<b>All Classes</b>	<b>Boys and Girls</b>
400-meter run	2A	Girls
400-meter run	3A	Girls
400-meter run	2A	Boys
400-meter run	3A	Boys
300-meter hurdles	2A	Girls
300-meter hurdles	3A	Girls
300-meter hurdles	2A	Boys
300-meter hurdles	3A	Boys
<b>*Para-Ambulatory* 200-meter run</b>	<b>All Classes</b>	<b>Boys and Girls</b>
200-meter dash	2A	Girls
200-meter dash	3A	Girls
200-meter dash	2A	Boys
200-meter dash	3A	Boys
3200-meter run	2A	Girls
3200-meter run	2A	Boys
4x400-meter relay	2A	Girls
4x400-meter relay	2A	Boys
3200-meter run	3A	Girls
3200-meter run	3A	Boys
4x400-meter relay	3A	Girls
4x400-meter relay	3A	Boys



# SCHEDULE OF FIELD EVENTS

**SATURDAY, MAY 6**

Time	Event	Class	Girls/Boys	Location
<b>1:30 PM</b>	Long Jump	4A	Boys	East Runway
	Long Jump	5A	Girls	West Runway
	High Jump	5A	Boys	South Pit
	High Jump	4A	Girls	North Pit
	Pole Vault	4A	Boys	Middle Pit
	Pole Vault	5A	Girls	North/South Pit
	Javelin	4A	Boys	East Runway
	Javelin	5A	Girls	West Runway
	Shot Put	5A	Boys	South Ring
	Shot Put	4A	Girls	North Ring
<b>2:45 PM</b>	Long Jump	5A	Boys	East Runway
	Long Jump	4A	Girls	West Runway
	High Jump	4A	Boys	South Pit
	High Jump	5A	Girls	North Pit
	Javelin	5A	Boys	East Runway
	Javelin	4A	Girls	West Runway
	Shot Put	4A	Boys	South Ring
	Shot Put	5A	Girls	North Ring
<b>4:00 PM</b>	Triple Jump	4A	Boys	East Runway
	Triple Jump	5A	Girls	West Runway
	Pole Vault	5A	Boys	Middle Pit
	Pole Vault	4A	Girls	North/South Pit
	Discus	5A	Boys	East Ring
	Discus	4A	Girls	West Ring
<b>5:15 PM</b>	Triple Jump	5A	Boys	East Runway
	Triple Jump	4A	Girls	West Runway
	Discus	4A	Boys	East Ring
	Discus	5A	Girls	West Ring

# SCHEDULE OF RUNNING EVENTS

## SATURDAY, MAY 6

Event/Time	Class	Girls/Boys
<b>2:30 PM</b>	<b>4x800-meter relay begins</b>	
4x800-meter relay	4A	Girls
4x800-meter relay	5A	Girls
4x800-meter relay	4A	Boys
4x800-meter relay	5A	Boys
<b>3:30 PM</b>	<b>All-Academic Presentation (4A and 5A)</b>	
<b>3:55 PM</b>	<b>Invocation and National Anthem</b>	
<b>4:00 PM</b>	<b>Running Time Schedule Begins (rolling schedule)</b>	
4x200-meter relay	4A	Girls
4x200-meter relay	5A	Girls
4x200-meter relay	4A	Boys
4x200-meter relay	5A	Boys
1600-meter run	4A	Girls
1600-meter run	5A	Girls
1600-meter run	4A	Boys
1600-meter run	5A	Boys
100-meter hurdles	4A	Girls
100-meter hurdles	5A	Girls
110-meter hurdles	4A	Boys
110-meter hurdles	5A	Boys
100-meter dash	4A	Girls
100-meter dash	5A	Girls
100-meter dash	4A	Boys
100-meter dash	5A	Boys
800-meter run	4A	Girls
800-meter run	5A	Girls
800-meter run	4A	Boys
800-meter run	5A	Boys
4x100-meter relay	4A	Girls
4x100-meter relay	5A	Girls
4x100-meter relay	4A	Boys
4x100-meter relay	5A	Boys
400-meter run	4A	Girls
400-meter run	5A	Girls
400-meter run	4A	Boys
400-meter run	5A	Boys
300-meter hurdles	4A	Girls
300-meter hurdles	5A	Girls
300-meter hurdles	4A	Boys
300-meter hurdles	5A	Boys
200-meter dash	4A	Girls
200-meter dash	5A	Girls
200-meter dash	4A	Boys
200-meter dash	5A	Boys
3200-meter run	4A	Girls
3200-meter run	4A	Boys
4x400-meter relay	4A	Girls
4x400-meter relay	4A	Boys
3200-meter run	5A	Girls
3200-meter run	5A	Boys
4x400-meter relay	5A	Girls
4x400-meter relay	5A	Boys



# CHAMPIONSHIP SOUVENIRS

## CHAMPIONSHIP APPAREL



Remember this achievement. Visit the PepWear Store or [shop.lhsaa.org](http://shop.lhsaa.org) to purchase Official Event Merchandise including shirts and hoodies with participants' names on the back, full color plaques, and more!

For assistance with orders contact (866) 775-3450 or [customerservice@pepwear.com](mailto:customerservice@pepwear.com)

## CHAMPIONSHIP PHOTOGRAPHS



RomaPics is proud to be the official photographer of the Louisiana High School Athletic Association. Please stop by our booth to view and order photos. Team and individual, action, and all awards photos will be available for purchase and will be printed on site.

[www.romapics.com](http://www.romapics.com)

## CHAMPIONSHIP RINGS



Congratulations champions! Celebrate your victory with your championship ring- the ultimate symbol of dedication, perseverance and teamwork. Herff Jones is proud to be the exclusive provider for LHSAA and LHSCA Championship Jewelry and is the recognized leader in celebrating student milestones.

Harris Beall, Clint Ivey, Donald Scamardo

Baton Rouge, LA // 225.927.1383 // [gshhbria@gradsupply.biz](mailto:gshhbria@gradsupply.biz)  
Metairie, LA // 504.737.4439 // [gradsupply@aol.com](mailto:gradsupply@aol.com)

## CHAMPIONSHIP REPLICA TROPHIES



For more information regarding State Championship mini replica trophies and medals, contact Gold Star Trophies at (225) 928-4230.

[www.goldstartrophies.com](http://www.goldstartrophies.com)



## LHSAA CORPORATE PARTNERS

THE LHSAA WOULD LIKE TO THANK THE FOLLOWING 2022-2023 PARTNERS FOR THEIR CONTINUED DEDICATION & SUPPORT OF HIGH SCHOOL ATHLETICS IN LOUISIANA



TITLE PARTNER, OFFICIAL HEALTHCARE & SPORTS MEDICINE PROVIDER OF THE LHSAA

### TEAM LHSAA



### LHSAA STATEWIDE PARTNERS



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