

Name	Grade	Team	Division/ Class	Body Wt	Wt cls	Best Squat	Best Bench	Best Dead lift	Total	Place	
CALIDONIA, NICHOLAS	11	Covington High School	5A	109.9	114	345	215	405	965	1	South Region Champion
NGUYEN, ETHAN	12	Dutchtown High School	5A	112.3	114	315	160	340	815	2	Bayou Region Champion
WRIGHT, HUNTER	9	Ouachita Parish High School	5A	113.3	114	300	185	320	805	3	
NAVARRE, LAWSON	11	Denham Springs High School	5A	113.2	114	305	175	305	785	4	East Region Champion
CORDES, TRISTAN	11	St. Paul's High School	5A	113.7	114	285	170	300	755	5	
GRAVES, GRANT	10	West Monroe High School	5A	113.1	114	260	175	305	740	6	
WHITE, TALANCE	11	HL Bourgeois	5A	110.4	114	260	140	320	720	7	
HARRIS, AUSTIN	11	Sam Houston High School	5A	110.8	114	255	165	300	720	8	
TRAN, DYLAN	10	Dutchtown High School	5A	111.7	114	265	150	305	720	9	
PALMER, MEADE	10	Alexandria Senior High	5A	105.5	114	225	115	270	610	10	
SANDERS, MATTHEW	10	Catholic HS of BR	5A	112.8	114	195	130	285	610	11	
BAYLES, MAX	11	Woodlawn High School	5A	113.2	114	235	115	260	610	12	
CASTEX, BRYCE	9	Brother Martin	5A	103.7	114	240	130	235	605	13	
DOIGA, LUKE	12	Live Oak High School	5A	112.0	114	205	135	255	595	14	
USEY, GRACIN	9	Fontainbleau High School	5A	111.2	114	195	125	260	580	15	
STEVENS, BOWMAN	12	East Ascension High School	5A	109.9	114	135	105	200	440	16	
BURT, LONDON	10	East Ascension High School	5A	109.7	114	125	120	175	420	17	
WATER, MADDOX	9	Captain Shreve High School	5A	94.6	114	135	70	175	380	18	
WARE, TORRENCE	12	Southwood High School	5A	111.6	114	0	0	0	0	BO	
MONTZ, ZACH	11	St. Paul's High School	5A	123.3	123	430	230	400	1060	1	South Region Champion
STRONG, CHRIS	12	Parkway High School	5A	121.7	123	450	265	315	1030	2	North Region Champion
FAULK, MASON	11	Sam Houston High School	5A	118.0	123	350	215	380	945	3	
FORD, AARON	11	Southside High School	5A	123.4	123	385	205	350	940	4	
SYLVERA, JOHN	9	Covington High School	5A	123.1	123	360	170	405	935	5	
NUNNERY, WILLIE	11	Woodlawn High School	5A	123.0	123	340	215	365	920	6	East Region Champion
LATINO, TOBY	12	Dutchtown High School	5A	121.4	123	345	205	365	915	7	Bayou Region Champion
HUDSON, ETHAN	11	Natchitoches Central	5A	120.5	123	335	185	345	865	8	Central Region Champion
LASS, MATTHEW	12	Dutchtown High School	5A	121.4	123	315	165	380	860	9	
MARTIN, CHRIS	10	Fontainbleau High School	5A	121.5	123	340	165	335	840	10	
GROCE, CAIDEN	10	Fontainbleau High School	5A	119.8	123	300	155	375	830	11	
RIVERS, FENTON	10	Parkway High School	5A	119.5	123	245	175	335	755	12	
GOMILA, PAUL	12	Holy Cross	5A	120.3	123	275	155	315	745	13	
LE, ANDERSON	9	Catholic HS of BR	5A	118.9	123	265	160	305	730	14	
MCSPADDEN, BRIAN	9	Archbishop Rummel High School	5A	121.2	123	245	115	300	660	15	
STEVENSON, KYLE	11	New Iberia Senior High School	5A	121.9	123	200	165	285	650	16	
GAGLIANO, VINCENT	10	Brother Martin	5A	117.2	123	215	135	240	590	17	
WALKER, BRAEDYN	10	Captain Shreve High School	5A	118.4	123	140	75	185	400	18	
RAMBEAU, ZAC	11	Brother Martin	5A	130.0	132	445	305	420	1170	1	South Region Champion
DIEPENBROCK, LONDON	12	Covington High School	5A	132.1	132	445	275	415	1135	2	

Name	Grade	Team	Division/ Class	Body Wt	Wt cls	Best Squat	Best Bench	Best Dead lift	Total	Place	
LOVEMORE, NATHAN	10	Natchitoches Central	5A	127.0	132	375	240	460	1075	3	Central Region Champion
RUTLAND, CONNOR	12	Denham Springs High School	5A	130.2	132	405	230	425	1060	4	East Region Champion
ALLEN, CHRISTIAN	11	Live Oak High School	5A	131.2	132	325	265	450	1040	5	
FORTMAYER, JACOB	11	Fontainebleau High School	5A	129.7	132	385	225	420	1030	6	
BUTLER, HAPPY	11	Catholic HS of BR	5A	131.1	132	380	200	410	990	7	
HINSON, ALBERT	9	Dutchtown High School	5A	131.4	132	335	210	365	910	8	Bayou Region Champion
BARFIELD, TRENTON	12	Airline High School	5A	126.8	132	330	185	380	895	9	
RACHAL, JD	11	Pineville High School	5A	130.5	132	345	185	340	870	10	
WILLIAMS, LEE	11	Brother Martin	5A	130.9	132	320	185	360	865	11	
MENNE, SEAN	9	Slidell High School	5A	130.6	132	315	175	355	845	12	
TOUPS, BRYCE	10	Covington High School	5A	130.2	132	325	185	325	835	13	
JETT, COLBY	11	Natchitoches Central	5A	131.0	132	300	175	315	790	14	
GARTLAND, DANE	11	Southside High School	5A	128.3	132	280	185	325	790	15	
RUSSO, JACE	11	Archbishop Rummel High School	5A	128.7	132	315	155	315	785	16	
ROPER, MICHAEL	11	Northshore High School	5A	130.2	132	255	170	345	770	17	
FONTENOT, BRADEN	9	Sam Houston High School	5A	127.4	132	280	160	300	740	18	
GORMAN, COLE	11	Archbishop Rummel High School	5A	128.2	132	275	145	315	735	19	
LEE, LANDAN	10	Parkway High School	5A	124.5	132	250	135	280	665	20	
MCCAFFERY, ZACK	11	Mandeville High School	5A	127.4	132	365			0		
GLASKINS, ASHTON	9	Pineville High School	5A	130.3	132	275	0	0	0	BO	
CHIFICI, CHRISTOPHER	12	St Amant	5A	132.2	132	0	0	0	0		
KELLUM, JOSHUA	11	St. Paul's High School	5A	144.6	148	495	295	475	1265	1	South Region Champion
WILLIAMS, ELI	12	Pineville High School	5A	147.6	148	485	245	465	1195	2	
QUAVE, MASON	12	Covington High School	5A	140.5	148	450	315	420	1185	3	
REDMOND, KADEN	12	HL Bourgeois	5A	147.0	148	440	270	460	1170	4	
BULLOCK, NATHAN	10	Mandeville High School	5A	142.1	148	445	265	455	1165	5	
JEROME-ROSS, NATHAN	12	Pineville High School	5A	147.9	148	465	255	430	1150	6	
WILKINSON, CALEB	10	West Monroe High School	5A	147.2	148	430	225	475	1130	7	
BOURGEOIS, JOHNATHON	11	HL Bourgeois	5A	146.4	148	425	275	415	1115	8	
VARNADO, HUNTER	12	Fontainebleau High School	5A	143.4	148	400	240	455	1095	9	
WILLIAMS, TYREE	9	St Amant	5A	148.0	148	405	190	480	1075	10	
SYLVESTER, JADEN	11	Woodlawn High School	5A	148.4	148	410	230	420	1060	11	
BARCELONA, MICAH	11	Brother Martin	5A	145.0	148	380	230	445	1055	12	
STEWART, JERRY	11	Live Oak High School	5A	147.7	148	410	275	370	1055	13	
MASON, CHRISTIAN	11	Northshore High School	5A	141.9	148	325	300	425	1050	14	
YODANZA, PAXTON	10	Mandeville High School	5A	143.1	148	405	220	425	1050	15	
GUARISCO, IAN	11	Denham Springs High School	5A	146.6	148	405	245	395	1045	16	
CORTEZ, KAIDEN	11	Fontainebleau High School	5A	145.9	148	380	240	390	1010	17	
SMITH, CEDRIC	11	Ouachita Parish High School	5A	146.7	148	405	225	375	1005	18	

Name	Grade	Team	Division/ Class	Body Wt	Wt cls	Best Squat	Best Bench	Best Dead lift	Total	Place
BOWEN, KADEN	12	Catholic HS of BR	5A	145.3	148	345	225	425	995	19
WIREMAN, ETHAN	12	Dutchtown High School	5A	147.9	148	370	210	415	995	20
FALLIN, AARON	12	Ruston High School	5A	142.6	148	365	235	360	960	21
BUCKLEY, NICHOLAS	11	Northshore High School	5A	146.5	148	315	225	405	945	22
TRAN, NGUYEN	10	Central High School	5A	146.7	148	315	250	365	930	23
OBY, JORDAN	12	Zachary High School	5A	147.9	148	315	205	395	915	24
COLEMAN, CARL	12	Holy Cross	5A	144.2	148	305	230	345	880	25
ROANE, BRYCE	11	Archbishop Rummel High School	5A	143.0	148	305	215	350	870	26
MORSE, ANDREW	11	Benton High School	5A	144.4	148	325	145	380	850	27
VIDALLIER, JACOB	11	Southside High School	5A	137.9	148	310	210	300	820	28
JOHNSON, PAYTON	11	Central High School	5A	144.6	148	305	185	270	760	29
DELAVAGA, DEVIN	10	Parkway High School	5A	143.6	148	250	160	250	660	30
RICHARD, ANDREW	9	Live Oak High School	5A	146.1	148	230	165	265	660	31
MEZIERE, CHRISTOPHER	10	Captain Shreve High School	5A	146.7	148	225	135	235	595	32
CAWTHORNE, JAMONTAE	11	Southwood High School	5A	144.4	148	0	0	0	0	80

JENKINS, KOBE	12	Fontainebleau High School	5A	158.8	165	520	310	570	1400	1	South Region Champion
NORMAN, NOAH	11	West Monroe High School	5A	164.6	165	510	325	535	1370	2	North Region Champion
VICKNAIR, ANDRE	12	St Amant	5A	163.2	165	470	270	550	1290	3	Bayou Region Champion
JUNEAU, GARRETT	12	St. Paul's High School	5A	162.8	165	475	290	470	1235	4	
ALBERTS, JOE	12	St. Paul's High School	5A	162.3	165	475	285	425	1185	5	
ROBERTS, AUSTIN	12	Brother Martin	5A	164.0	165	445	270	470	1185	6	
NICHOLS, SPENCER	10	Pineville High School	5A	162.6	165	475	270	430	1175	7	
ALLEMAN, PEYTON	12	St Amant	5A	159.9	165	480	275	410	1165	8	
MATT, JAXON	12	Southside High School	5A	162.4	165	435	310	405	1150	9	
RODRIGUEZ, MANUEL	11	Dutchtown High School	5A	160.9	165	445	275	425	1145	10	
STRAWITZ, HAYES	11	Mandeville High School	5A	154.5	165	435	250	455	1140	11	
WARE, JOSH	12	Southwood High School	5A	150.1	165	475	230	430	1135	12	
PRESCOTT, TYLER	10	Live Oak High School	5A	163.6	165	465	265	405	1135	13	
ESPARZA, STEVEN	12	Pineville High School	5A	149.5	165	425	315	385	1125	14	
FOSTER, ETHAN	12	Denham Springs High School	5A	163.6	165	415	250	450	1115	15	
HUTCHINSON, IAN	11	HL Bourgeois	5A	156.2	165	365	285	455	1105	16	
GRIFFIN, KEENAN	11	Woodlawn High School	5A	165.3	165	425	275	405	1105	17	
HARRISON, KENDALL	12	Holy Cross	5A	163.5	165	415	240	435	1090	18	
SHEPARD, MICHAEL	11	Southwood High School	5A	152.0	165	440	225	405	1070	19	
DIETRICH, GAVIN	11	Slidell High School	5A	163.7	165	425	235	405	1065	20	
TURNER, ROBERT	10	Ouachita Parish High School	5A	161.6	165	415	230	405	1050	21	
THIBODEAUX, ETHAN	11	Live Oak High School	5A	159.5	165	365	250	430	1045	22	
DANG, ALEX	10	Central High School	5A	165.3	165	405	235	405	1045	23	
MARTINEZ, NOAH	11	Natchitoches Central	5A	158.6	165	390	235	405	1030	24	

Name	Grade	Team	Division/ Class	Body Wt	Wt cls	Best Squat	Best Bench	Best Dead lift	Total	Place
BOYER, CODY	12	Slidell High School	5A	153.2	165	370	225	425	1020	25
BURST, AUSTIN	11	Northshore High School	5A	151.2	165	375	205	405	985	26
ASHBY, LANE	11	Ruston High School	5A	162.6	165	360	195	390	945	27
BAKER, CALVIN	11	Ruston High School	5A	151.8	165	380	200	355	935	28
GOTTE, ALEX	11	Sam Houston High School	5A	160.0	165	350	190	380	920	28
MORAN, KADE	12	Baton Rouge Magnet HS	5A	164.6	165	325	235	350	910	30
LEBLANC, CADEN	11	Sam Houston High School	5A	160.4	165	325	210	365	900	31
STANGA, TANNER	10	East Ascension High School	5A	159.5	165	340	170	385	895	32
HELMS, CARTER	11	Benton High School	5A	156.3	165	275	175	350	800	33
DICKEY, HENRY	9	East Ascension High School	5A	157.0	165	290	185	315	790	34
HOLLANDER, CONRAD	11	Hammond High Magnet School	5A	157.7	165	260	155	340	755	35
CHOPLIN, RYLAN	12	Southside High School	5A	161.6	165	225	215	315	755	36
SIMON, JAKE	11	Captain Shreve High School	5A	155.4	165	230	135	345	710	37
PENNINGTON, JACOB	12	Covington High School	5A	160.4	165	510	300		0	
LICCARDI, TRISTAN	10	Central High School	5A	157.5	165	315			0	

MCDONALD, JACKSON	12	West Monroe High School	5A	181.4	181	560	315	570	1445	1	North Region Champion
HOFFMAN, TAMAJ	12	Slidell High School	5A	181.2	181	570	300	570	1440	2	
NAQUIN, BRENNON	11	HL Bourgeois	5A	176.8	181	525	340	565	1430	3	Bayou Region Champion
POILLION, REECE	12	Covington High School	5A	180.7	181	540	360	500	1400	4	
RAMERIEZ, COHEN	12	St. Paul's High School	5A	178.0	181	495	335	525	1355	5	
LISLE, GAGE	11	Fontainebleau High School	5A	176.1	181	520	330	495	1345	6	
HULL, CARTER	12	St Amant	5A	176.7	181	520	300	520	1340	7	
HERTEL, LUKE	11	Catholic HS of BR	5A	178.6	181	510	305	515	1330	8	East Region Champion
RUMSEY, JOSH	12	Mandeville High School	5A	177.9	181	495	305	510	1310	9	
KENT, LANDON	12	Denham Springs High School	5A	178.1	181	455	300	510	1265	10	
SINCLAIR, TY	11	Pineville High School	5A	175.2	181	465	315	460	1240	11	
DUBOIS, DRAKE	11	HL Bourgeois	5A	171.8	181	445	245	515	1205	12	
SANT, MATT	12	Woodlawn High School	5A	177.1	181	495	255	455	1205	13	
TERRELL, TAYLOR	11	Archbishop Rummel High School	5A	178.7	181	480	295	405	1180	14	
DOYLE, KRISTIAN	10	Ouachita Parish High School	5A	181.0	181	445	265	470	1180	15	
DUGAS, KAYDEN	10	Slidell High School	5A	174.0	181	465	305	405	1175	16	
JONES, CADEN	12	St. Paul's High School	5A	178.5	181	460	275	425	1160	17	
HAYES, BRAYSON	12	Southwood High School	5A	166.4	181	450	205	480	1135	18	
REBERT, PEYTON	11	Southside High School	5A	180.7	181	465	225	435	1125	19	
MUSGROVE, BRANDON	12	Southwood High School	5A	174.8	181	440	275	405	1120	20	
EDWARDS, XANDER	11	Ruston High School	5A	173.7	181	405	245	465	1115	21	
ROBINSON IV, WILLIAM	11	Holy Cross	5A	176.9	181	430	235	445	1110	22	
CAMPBELL, LONNIE	10	Archbishop Rummel High School	5A	172.0	181	415	265	425	1105	23	
MCQUADE, MILO	11	Southside High School	5A	176.9	181	415	265	425	1105	24	

Name	Grade	Team	Division/ Class	Body Wt	Wt cls	Best Squat	Best Bench	Best Dead lift	Total	Place
CASTILLE, BRAIDYN	11	New Iberia Senior High School	5A	177.6	181	415	275	405	1095	25
JACKSON, FRED	11	Natchitoches Central	5A	170.4	181	415	230	445	1090	26
MILLER, ETHAN	12	Pineville High School	5A	172.3	181	455	215	415	1085	27
TULLIER, JACOB	11	Central High School	5A	167.3	181	420	250	410	1080	28
TARIFA, COOPER	10	Northshore High School	5A	176.7	181	385	210	475	1070	29
PARRISH, JOHN	11	Alexandria Senior High	5A	171.4	181	350	205	460	1015	30
MCKNIGHT, AUSTIN	11	Airline High School	5A	167.7	181	350	230	425	1005	31
EVERETT, BRANTLEY	10	Central High School	5A	168.5	181	315	265	420	1000	32
SESSIONS, BO	10	Benton High School	5A	181.5	181	375	205	420	1000	33
JOHNSON, JO'TAVIUS	11	Airline High School	5A	174.7	181	350	195	430	975	34
LOUQUE, ALEX	9	East Ascension High School	5A	173.3	181	325	150	350	825	35
STUSTZMAN, OWEN	12	East Ascension High School	5A	174.9	181	225	150	300	675	36
LINDSEY, NOAH	11	Captain Shreve High School	5A	169.4	181	225	165	265	655	37
BIGGS, PEYTON	12	Captain Shreve High School	5A	169.5	181	200	120	235	555	38
LANDEROS, ALAN	10	Parkway High School	5A	175.0	181	0	0	0	0	80

KELLER, TYLER	11	Mandeville High School	5A	198.2	198	675	275	635	1585	1	South Region Champion
GIVENS, AMANI	12	Woodlawn High School	5A	196.8	198	575	320	560	1455	2	East Region Champion
CORRENT, LUKE	12	West Monroe High School	5A	196.4	198	545	365	520	1430	3	North Region Champion
RICALDE, DOUG	12	St. Paul's High School	5A	197.8	198	560	360	505	1425	4	
WADE, MIKESSELL	12	Archbishop Rummel High School	5A	189.5	198	550	335	475	1360	5	
RATTLER, RODSHAWN	12	Southwood High School	5A	191.7	198	550	280	530	1360	6	
WATSON, MASON	12	Woodlawn High School	5A	193.6	198	475	345	515	1335	7	
PATERNOSTRO, LUCIAN	11	Archbishop Rummel High School	5A	192.5	198	500	305	500	1305	8	
MONTZ, JEREMY	11	Brother Martin	5A	192.9	198	470	310	525	1305	9	
RENEAU, ED	12	West Monroe High School	5A	196.8	198	480	335	485	1300	10	
TREADWAY, JAMARRION	11	Ouachita Parish High School	5A	193.8	198	515	255	515	1285	11	
MIDKIFF, KADE	12	Sam Houston High School	5A	189.8	198	475	330	470	1275	12	
COOK, BRANDON	12	Denham Springs High School	5A	194.2	198	485	300	480	1265	13	
ALBERT, DARIN	11	Northshore High School	5A	193.4	198	475	275	500	1250	14	
CENTER, KAIDEN	10	Covington High School	5A	194.2	198	475	280	460	1215	15	
GIX, KELLEN	10	Ouachita Parish High School	5A	197.6	198	435	305	470	1210	16	
HARRISON, TRENT	9	Denham Springs High School	5A	190.3	198	450	245	475	1170	17	
CEDOTAL, BRANT	12	St Amant	5A	194.3	198	415	245	500	1160	18	
MCWILLIAMS, EVAN	11	Pineville High School	5A	188.9	198	405	250	500	1155	19	
GARCIA, RFELIX	10	Slidell High School	5A	190.4	198	405	250	500	1155	20	
BELLARD, BRANSEN	10	Zachary High School	5A	188.9	198	450	235	460	1145	21	
KENNEDY, FRED	12	Ruston High School	5A	191.7	198	400	330	380	1110	22	
PULLIG, KALE	10	Natchitoches Central	5A	192.1	198	435	270	405	1110	23	
BARNETT, BLAZE	11	Live Oak High School	5A	182.6	198	405	275	425	1105	24	

Name	Grade	Team	Division/ Class	Body Wt	Wt cls	Best Squat	Best Bench	Best Dead lift	Total	Place	
MORGAN, JEREMIAH	10	Slidell High School	5A	188.1	198	390	245	455	1090	25	
DOUZART, MICHAEL	11	St Amant	5A	184.2	198	370	265	430	1065	26	
TAIONKEO, RICKY	10	Southside High School	5A	192.5	198	410	210	440	1060	27	
LONIBOS, EASTON	12	Catholic HS of BR	5A	191.9	198	380	220	455	1055	28	
WILLIAMS, BRONSON	11	Sam Houston High School	5A	189.6	198	305	250	450	1005	29	
JENKINS, ETHAN	9	Parkway High School	5A	194.6	198	315	195	315	825	30	
CUNNINGHAM, GAGE	9	Terrebonne High School	5A	194.5	198	325	155	325	805	31	
HERRERA, DAVID	9	Benton High School	5A	194.6	198	245	125	315	685	32	
RANSONNET, CALEB	9	Captain Shreve High School	5A	190.2	198	200	145	230	575	33	
CHAVIS, ALLEN	10	Captain Shreve High School	5A	197.6	198	315	0	0	0	80	
SHERRICK, JUSTISS	10	Parkway High School	5A	193.9	198	0	0	0	0	80	
SANDERS, JHATORI	12	Zachary High School	5A	188.8	198				0		
LAWTON, CHASE	11	Covington High School	5A	199.9	220	570	425	630	1625	1	South Region Champion
LATIOLAS, ELI	11	Baton Rouge Magnet HS	5A	218.6	220	600	345	600	1545	2	East Region Champion
MILLER, LUKE	11	Central High School	5A	217.2	220	575	390	555	1520	3	
JOHNSON, J.D.	12	West Monroe High School	5A	217.2	220	595	440	465	1500	4	
NEILL, CULLEN	12	Brother Martin	5A	212.8	220	570	360	550	1480	5	
PIAZZA, NICK	12	St. Paul's High School	5A	217.3	220	545	365	530	1440	6	
LEMONS, D'QUAVIUS	11	Southwood High School	5A	214.5	220	600	300	520	1420	7	
JACKSON, HAYDEN	11	Natchitoches Central	5A	212.7	220	520	330	525	1375	8	
SWANSON, JAXON	12	Dutchtown High School	5A	216.0	220	580	260	495	1335	9	Bayou Region Champion
THOMAS, CHRIS	12	Denham Springs High School	5A	202.9	220	530	295	490	1315	10	
KERTH, RYDER	11	Catholic HS of BR	5A	213.2	220	490	305	505	1300	11	
MALEK, NICHOLAS	11	Brother Martin	5A	201.0	220	500	315	465	1280	12	
WALL, LONDON	11	Live Oak High School	5A	202.5	220	455	325	500	1280	13	
HALL, DONTA	10	Ouachita Parish High School	5A	215.3	220	490	315	470	1275	14	
CHAUVIN, BRAD	12	Mandeville High School	5A	208.5	220	455	315	475	1245	15	
TRIM, DEVIN	12	Woodlawn High School	5A	210.9	220	455	285	500	1240	16	
LEONARD, THOMAS	10	St Amant	5A	215.2	220	450	315	470	1235	17	
GILL, TYLER	12	Zachary High School	5A	213.1	220	515	285	405	1205	18	
HENYARD, JODORRION	11	Zachary High School	5A	210.6	220	485	250	465	1200	19	
MARQUETTE, MICAH	12	Archbishop Rummel High School	5A	213.9	220	455	300	405	1160	20	
LEDET, DYLAN	12	HL Bourgeois	5A	217.8	220	420	285	415	1120	21	
GREMILLION, LANE	11	Central High School	5A	216.5	220	505	205	405	1115	22	
ARENAS, JUAN	9	Covington High School	5A	219.8	220	430	235	440	1105	23	
TICHENOR, JAMES	11	Holy Cross	5A	217.2	220	435	260	405	1100	24	
DUNN, LOGAN	10	Northshore High School	5A	217.2	220	435	165	490	1090	25	
TEMPLET, TOBY	11	St Amant	5A	209.0	220	395	220	460	1075	26	
LEE, JACK	12	Archbishop Rummel High School	5A	206.1	220	385	245	435	1065	27	

Name	Grade	Team	Division/ Class	Body Wt	Wt cls	Best Squat	Best Bench	Best Dead lift	Total	Place
LANDREAUX, BRADY	10	Holy Cross	5A	203.9	220	335	265	405	1005	28
NUNEZ, SEAN	11	Southside High School	5A	200.4	220	430	240	315	985	29
DOGA, DJ	11	Sam Houston High School	5A	198.6	220	340	230	410	980	30
BRANNON, DECHLAN	11	Captain Shreve High School	5A	216.0	220	340	200	365	905	31
CHENIER, TYLER	9	Terrebonne High School	5A	212.5	220	325	200	360	885	32
HARRIS, JEREMIAH	9	Terrebonne High School	5A	212.7	220	205	205	365	775	33
KINGSTON, KEVIN	10	Northshore High School	5A	213.7	220	300	135	305	740	34
SHERMAN, NATE	11	Ponchatoula High School	5A	218.6	220	225	135	245	605	35
JAYROE, CORRIGAN	10	Benton High School	5A	219.1	220	300	0	0	0	80
SEARCY, EASON	11	Benton High School	5A	214.1	220	395	0	0	0	80
SCHEUERMANN, JAKE	12	Mandeville	5A	214.4	220	470			0	
PICHON, KAEVEON	12	Natchitoches Central	5A	216.8	220	475	0	0	0	80

LOESCHER, CHANDLER	11	St. Paul's High School	5A	237.8	242	575	525	555	1655	1	South Region Champion
MANY, MASE	12	West Monroe High School	5A	237.5	242	655	395	520	1570	2	North Region Champion
JACKSON, JAMES	12	Natchitoches Central	5A	229.5	242	585	360	560	1505	3	
VORDICK, GAVIN	11	HL Bourgeois	5A	224.3	242	590	295	570	1455	4	Bayou Region Champion
BENNETT, PEYTON	12	West Monroe High School	5A	229.7	242	530	365	515	1410	5	
REED, ERIC	12	Ouachita Parish High School	5A	240.1	242	585	335	470	1390	6	
THOMAS, HUNTER	12	Woodlawn High School	5A	237.4	242	540	345	500	1385	7	East Region Champion
JONAU, CHARLIE	12	Holy Cross	5A	238.5	242	525	345	500	1370	8	
SANDERS, WILLIE	12	Airline High School	5A	227.8	242	490	325	525	1340	9	
DEAN, KAI	11	Mandeville High School	5A	236.8	242	515	325	495	1335	10	
GUIDRY, GEORDAN	10	Ruston High School	5A	231.0	242	495	315	510	1320	11	
WHITE, SEAN	11	Southwood High School	5A	240.5	242	520	300	500	1320	12	
BORDELON, KALEB	10	Ouachita Parish High School	5A	238.2	242	545	290	445	1280	13	
BRACKEN, WILLIE	12	Catholic HS of BR	5A	236.9	242	485	285	500	1270	14	
GUILLORY, BRETT	11	Brother Martin	5A	230.3	242	500	310	450	1260	15	
PROVENZANO, ALEX	11	St Amant	5A	242.2	242	475	320	465	1260	16	
BOUDREAUX, ANDREW	12	HL Bourgeois	5A	239.7	242	450	330	455	1235	17	
LARRY, JERON	11	Natchitoches Central	5A	240.3	242	475	225	515	1215	18	
COOPER, CAMERON	10	Slidell High School	5A	234.9	242	425	235	545	1205	19	
JERRO,ASHTON	11	Ruston High School	5A	239.1	242	450	280	475	1205	20	
ADDISON, KEVIN	12	Northshore High School	5A	240.0	242	480	265	450	1195	21	
SHOCKLEY, GAVIN	10	Slidell High School	5A	231.7	242	455	225	445	1125	22	
MINOR, DWIGHT	11	Alexandria Senior High	5A	239.7	242	420	290	415	1125	23	
KIDD, JOSHEPH	12	Zachary High School	5A	229.7	242	415	260	445	1120	24	
FOWLER, KELTON	12	Benton High School	5A	237.7	242	500	205	415	1120	25	
BROCATO, DOMINICK	11	Holy Cross	5A	232.6	242	425	250	440	1115	26	
MYERS, DENNIS	10	Sam Houston High School	5A	231.0	242	415	245	445	1105	27	

Name	Grade	Team	Division/ Class	Body Wt	Wt cls	Best Squat	Best Bench	Best Dead lift	Total	Place	
FLOWERS,TRAVIS	10	Benton High School	5A	236.4	242	455	215	435	1105	28	
THOMAS, BRANDON	11	Pineville High School	5A	222.6	242	465	240	385	1090	29	
HORAK, JOSH	12	Mandeville High School	5A	226.3	242	375	265	440	1080	30	
TRAHAN, BEN	11	Southside High School	5A	224.6	242	410	255	405	1070	31	
MILLICAN, FRED	10	Zachary High School	5A	242.5	242	415	205	410	1030	32	
WINTERS, DANE	9	Terrebonne High School	5A	241.6	242	355	185	380	920	33	
HARVEY, BRANDON	12	East Ascension High School	5A	230.4	242	245	215	385	845	34	
DAVIS, CALEB	9	East Ascension High School	5A	236.1	242	260	185	350	795	35	
VARGAS, JOSHUA	9	Terrebonne High School	5A	230.6	242	275	125	385	785	36	
STUTZMAN, GRADY	9	East Ascension High School	5A	228.8	242	0	0	0	0		
LANG, KAIDEN	11	Central High School	5A	247.6	275	680	385	575	1640	1	East Region Champion
SMITH, ALEX	12	Fontainbleau High School	5A	272.9	275	625	395	525	1545	2	South Region Champion
WHITLOCK,HUNTER	12	West Monroe High School	5A	272.2	275	650	385	475	1510	3	North Region Champion
JONES, DEVYN	11	Woodlawn High School	5A	264.5	275	525	410	485	1420	4	
TOLDEO, TYLER	12	Slidell High School	5A	258.3	275	630	335	450	1415	5	
GUIDRY, JACK	12	Denham Springs High School	5A	246.8	275	525	335	550	1410	6	
SMITH, XAVIER	10	Dutchtown High School	5A	245.8	275	550	275	580	1405	7	
BLANCHARD, RYAN	12	St. Paul's High School	5A	272.2	275	575	330	500	1405	8	
WILLIAMS, DENNIS	12	Ruston High School	5A	260.5	275	535	330	520	1385	9	
JEFFERS-WRIGHT, JERIMIAH	10	Alexandria Senior High	5A	247.1	275	495	310	555	1360	10	Central Region Champion
PISCIOTTA, ZACK	12	Holy Cross	5A	252.6	275	530	355	495	1380	11	
ANDERSON, PEYTON	11	St Amant	5A	242.6	275	500	315	545	1360	12	
BERTRAND, COBY	12	Sam Houston High School	5A	268.0	275	505	305	515	1325	13	
BROUSSARD, BROCK	11	Catholic HS of BR	5A	251.7	275	525	325	455	1305	14	
MCKINNEY, WAYNE	11	Dutchtown High School	5A	269.5	275	495	315	490	1300	15	
COLVIN, JOSH	11	Ruston High School	5A	270.8	275	455	365	465	1285	16	
DOWNS, FREDRICK	12	Ouachita Parish High School	5A	256.3	275	575	280	415	1270	17	
BERNS, DAKOTA	11	Brother Martin	5A	253.7	275	500	325	435	1260	18	
KIEFF, LOGAN	12	Northshore High School	5A	272.0	275	440	345	470	1255	19	
VIERA, RICARDO	12	Fontainbleau High School	5A	273.3	275	500	305	450	1255	20	
TROSCLAIR, ELIJAH	12	Zachary High School	5A	273.3	275	535	225	485	1245	21	
MARQUES, MAX	10	Pineville High School	5A	260.4	275	485	265	445	1195	22	
NELSON, BRADEN	11	Zachary High School	5A	252.2	275	475	225	450	1150	23	
LITTLE, JUSTIN	11	Benton High School	5A	261.6	275	395	245	405	1045	24	
RICHARD, ANDREW	10	Central High School	5A	255.3	275	350	240	445	1035	25	
BURGESS, JACOB	12	HL Bourgeois	5A	247.6	275	405	230	375	1010	26	
WILLIAMS, DOLAN	10	Parkway High School	5A	264.5	275	355	175	405	935	27	
FRANCIS, CHRISTOPHER	10	Parkway High School	5A	262.5	275	315	185	295	795	28	
JIMENEZ, LUIS	12	East Ascension High School	5A	243.5	275	235	155	315	705	29	

Name	Grade	Team	Division/ Class	Body Wt	Wt cls	Best Squat	Best Bench	Best Dead lift	Total	Place	
PENNINGTON, CALEB	12	Covington High School	5A	243.0	275	625			0		
MCGOVERN, MATTHEW	11	Archbishop Rummel High School	5A	251.1	275	450			0		
HAMILTON, TRAVAIL	10	Southwood High School	5A	255.2	275	0	0	0	0	BO	
WATSON, DYLAN	12	Denham Springs High School	5A	275.2	275	475	360		0		
GILBERT, TRENT	12	Southside High School	5A	313.4	SHW	615	390	545	1550	1	West Region Champion
YOUNG, DILLAN	12	Natchitoches Central	5A	385.5	SHW	615	330	555	1500	2	
JONES, MIKE	12	Dutchtown High School	5A	421.8	SHW	655	345	485	1485	3	Bayou Region Champion
PORET, KEVIN	11	Holy Cross	5A	346.9	SHW	600	375	465	1440	4	
SKIPPER, MASON	11	Ruston High School	5A	293.6	SHW	540	375	510	1425	5	North Region Champion
HOOPER, ZANE	12	Denham Springs High School	5A	281.0	SHW	600	325	490	1415	6	East Region Champion
CURTIS, NATHAN	12	Live Oak High School	5A	319.1	SHW	575	325	515	1415	7	
BOYER, EVAN	11	West Monroe High School	5A	363.0	SHW	575	345	480	1400	8	
MAY, OLIVER	11	Fontainebleau High School	5A	289.0	SHW	525	360	500	1385	9	
DAUZART, WYATT	11	Alexandria Senior High	5A	304.5	SHW	600	285	430	1315	10	
JOHNSON, JACOB	11	Catholic HS of BR	5A	298.4	SHW	465	315	525	1305	11	
BRADLEY, KYLON	10	Ruston High School	5A	301.5	SHW	555	305	430	1290	12	
WATERS, GAVIN	10	Ouachita Parish High School	5A	277.0	SHW	525	315	445	1285	13	
JOHNSON, JOSH	11	Catholic HS of BR	5A	313.6	SHW	425	335	525	1285	14	
MAY, CJ	10	Woodlawn High School	5A	306.2	SHW	525	275	485	1285	15	
DOUCET, LEROY	12	Sam Houston High School	5A	275.8	SHW	500	290	430	1220	16	
NEDIE, JARRICK	10	Zachary High School	5A	300.9	SHW	465	250	500	1215	17	
STEVENSON, JAYDON	11	Southwood High School	5A	281.2	SHW	550	210	450	1210	18	
GUIDRY, VINCENT	10	Holy Cross	5A	281.3	SHW	500	345	365	1210	19	
EL-AMIN, KHALIL	11	Slidell High School	5A	304.1	SHW	450	245	450	1145	20	
JOSPEH, AIDEN	10	East Ascension High School	5A	289.3	SHW	480	240	400	1120	21	
AUSTIN, LANDON	11	Terrebonne High School	5A	299.3	SHW	405	225	425	1055	22	
CARSTENS, CASEY	11	Northshore High School	5A	301.2	SHW	385	230	430	1045	23	
DAVIS, CHANDLER	11	Parkway High School	5A	305.7	SHW	405	235	405	1045	24	
PLEDGER, SEAN	10	Terrebonne High School	5A	338.9	SHW	405	245	395	1045	25	
JOLIVETTE, CONNOR	11	New Iberia Senior High School	5A	312.4	SHW	340	225	350	915	26	
NEWELL, BRIAN	11	Central High School	5A	278.7	SHW	405			0	27	
GRAY, KELVIN	10	East Ascension High School	5A	346.0	SHW	0	0	0	0		
JORDAN, JIMMYDEAN	10	Parkway High School	5A	289.2	SHW	0	0	485	0	BO	