



2026 TIME STANDARDS

LHSAA STATE CHAMPIONSHIPS - SULPHUR, LA

NOVEMBER 18-21, 2026

DIVISION I		DIVISION II		EVENT	DIVISION III		DIVISION IV	
GIRLS	BOYS	GIRLS	BOYS		GIRLS	BOYS	GIRLS	BOYS
2:16.72 -0.31	1:56.09	2:30.54	2:19.19 +2.25	200 FREE	2:37.22	2:17.20	2:45.00	2:35.99
2:33.34	2:15.28	2:48.64	2:27.53 -8.53	200 IM	2:55.31	2:31.54	3:03.54	3:16.93
28.14 +0.11	23.48	29.26 -1.04	26.83 +0.66	50 FREE	29.12 -0.94	25.39	31.10	29.48 +0.22
1:11.91	59.77 +0.49	1:19.73	1:07.32	100 FLY	1:23.43	1:09.47	1:28.78	1:28.78
1:01.19	52.80	1:05.97	59.48 -0.57	100 FREE	1:06.98	1:01.87 +0.96	1:12.80	1:07.15
6:13.62 -15.44	5:39.05	6:51.01 -9.44	6:30.03 -1.26	500 FREE	6:53.81	6:28.83	7:10.74	7:47.82
1:10.41 -3.89	1:01.70	1:19.03	1:09.50 -1.02	100 BACK	1:16.71	1:09.87	1:27.75	1:26.72
1:20.20	1:09.01 +0.04	1:26.96	1:17.47	100 BREAST	1:27.17 -4.27	1:18.95	1:37.02	1:24.95

(+ or -) difference from 2025 standards