



Division IV Girls

This event has been granted USA Swimming – Observation status

**CONDITION
OF
SANCTION**

As a condition of sanction, YNWL agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, Louisiana Swimming, the State of Louisiana, local jurisdictions, and the YNWL Meet Plan detailed below. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID 19 sanctioning period.

**ASSUMPTION
OF RISK
DISCLAIMER**

The YNWL has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID- 19.

COVID-19 RELEASE

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND LOUISIANA SWIMMING, INC. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNSEEN, IN CONNECTION THEREWITH.

YNWL COVID 19 MEET PLAN

FACE COVERINGS *All meet participants – coaches, officials, administrators, spectators, vendors, and athletes (between events) must wear face coverings and comply with mandated social distancing (6 ft) and mass gathering rules.*

ENTRY/EXIT PROCEDURE *Please enter & exit through the West End pool doors (by the scoreboard). COVID19 questionnaire screening and temperature check must be passed by all swimmers, coaches, volunteers, and staff. A temperature of 100.4 degrees or higher and/or failing the screening questionnaire results in non-entry to that individual and anyone else that traveled, lodged, or spent time with them in the previous 72h*

Allstate - LHSAA Championship Swim Meet Division 4
November 18, 2020 @ YMCA of Northwest Louisiana - Shreveport
Meet Program - Division 4 Girls

Event 1 Girls 200 Yard Medley Relay

LHSAA: 1:46.98 2015		St. Joseph's Academy	
Seagrave, Miller, Charpentier, Bass			
Division 4: 1:53.95 2018		Ascension Episcopal School	
A Gill, S Sierveld, J Barczyk, G Sheets			
Pool Record: 1:50.65 2020		Mtys	
Lane	Team	Relay	Seed Time

Heat 1 of 3 Finals Starts at 03:40 PM

1	WCA	2:46.17
2		
3	RA	2:24.37
4		
5	Country Day Swim	2:33.57
6		
7		
8		

Heat 2 of 3 Finals Starts at 03:44 PM

1	HSM	2:18.23
2		
3	Saints	2:14.11
4		
5	MCG	2:14.22
6		
7		
8		

Heat 3 of 3 Finals Starts at 03:48 PM

1	PJP	2:08.20
2		
3	Gators	1:58.31
4		
5	ESA	2:02.89
6		
7	NEW	2:14.09
8		

Event 3 Girls 200 Yard Freestyle

LHSAA: 1:48.87 2018		Jillian Barczyk		
Division 4: 1:48.87 2018				
Pool Record: 1:55.93 2019		Hannah Huenefeld		
Lane	Name	Yr	School	Seed Time

Heat 1 of 2 Finals Starts at 03:58 PM

1	Marto, Georgia	SR	HSM	2:39.74
2	Metzinger, Cameron	SR	MCG	2:36.86
3	Theriot, Emmee	FR	HCST	2:35.00
4	Carmody, Grace	9	NEW	2:29.15
5	Miller, Sydney	SR	HCST	2:33.73
6	Wagner, Sally	8t	PJP	2:36.76
7	Acedevo, Ela	SR	Gators	2:37.34
8				

Heat 2 of 2 Finals Starts at 04:02 PM

1	Ring, Alexis	SO	PJP	2:22.86
2	Hijazi, Seema	SO	Saints	2:19.27
3	Haley, Quinn	JR	Ncs	2:06.40
4	Kramer, Katherine	12	NEW	2:04.94
5	Manning, Regan	11	ESA	2:05.14
6	Murphy, Victoria	9	ACHS	2:15.07
7	Pullen, Amelia	JR	MCG	2:22.61
8	DeLacerda, Sarah	SO	HSM	2:26.21

Event 5 Girls 200 Yard IM

LHSAA: 2:02.21 2017		Jolee Liles		
Division 4: 2:04.84 1995		Shelly Ripple		
Pool Record: 2:09.68 2020		Sarah Holt		
Lane	Name	Yr	School	Seed Time

Heat 1 of 2 Finals Starts at 04:05 PM

1				
2				
3	Plaisance, Isabelle	10	NEW	2:50.71
4	LaRose, Makayah	SO	RA	2:44.54
5	Chelette, Anna	FR	HSM	2:47.31
6				
7				
8				

Heat 2 of 2 Finals Starts at 04:09 PM

1	Dupuie, Ella	SO	Gators	2:43.95
2	Spera, Abigail	SO	MCG	2:33.34
3	Gill, Brooke	8	Gators	2:29.01
4	Sierveld, Sophie	SR	Gators	2:18.93
5	Alvarado, Elena	10	ESA	2:22.40
6	Arizola, Isabella	8	Saints	2:31.46
7	Prieto, Carolina	11	NEW	2:37.98
8				

Event 7 Girls 50 Yard Freestyle

LHSAA: 23.11 2005		Leigh Ann King		
Division 4: 23.57 2016		Olivia Huffman		
Pool Record: 24.32 2020		Amber Schulte		
Lane	Name	Yr	School	Seed Time

Heat 1 of 3 Finals Starts at 04:12 PM

1				
2				
3	Pillaro, Lily	12	ESA	30.08
4	Loving, Camryn	SO	RA	29.99
5	Dunbar, Avery	JR	PJP	30.04
6	Laporte, Lauren	SR	FBCS	30.09
7				
8				

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Heat 2 Finals (#7 Girls 50 Yard Freestyle)

1	Delgado, Marisela	SR	HCST	29.89
2	Heyert, Pia	SR	Morris Jeff	29.78
3	Palmer, Riley	12	NEW	29.66
4	LeBreton, Brooke	SO	PJP	28.45
5	Castillo, Emma	SR	NEW	29.42
6	Metzinger, Cameron	SR	MCG	29.73
7	Sieber, Lizzie	8t	PJP	29.84
8	Bordelon, Lilly	8	Saints	29.96

Heat 3 of 3 Finals Starts at 04:15 PM

1	Dore, Lily	SR	Gators	27.97
2	Martin, Julia	09	WCA	27.68
3	Cuccia, Andrea	SO	PJP	26.80
4	Gill, Ashley	SR	Gators	24.11
5	LeMieux, Mary	SR	CES	26.72
6	Harris, Maddie Jo	08	Ncs	27.15
7	Bartholomew, Isabella	SR	Saints	27.82
8	Jatoi, Nadia	SO	HSM	28.21

Event 9 Girls 100 Yard Butterfly

LHSAA:	54.40	2015	Erin Trahan
Division 4:	55.60	2019	Ashley Gill
Pool Record:	58.13	2020	Sarah Holt

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Finals Starts at 04:26 PM

1				
2				
3	Caruso, Abbey	8t	PJP	1:23.51
4	Dupuie, Ella	SO	Gators	1:15.02
5	Plaisance, Isabelle	10	NEW	1:21.05
6				
7				
8				

Heat 2 of 2 Finals Starts at 04:28 PM

1	Conaster, Clara	SR	Saints	1:14.83
2	Arizola, Isabella	8	Saints	1:08.30
3	Courville, Olivia	JR	SAINT	1:07.53
4	Gill, Ashley	SR	Gators	56.42
5	Magner, Juliette	8	Saints	1:02.56
6	McQueen, Peyton	SR	MCG	1:08.15
7	Spera, Abigail	SO	MCG	1:12.47
8				

Event 11 Girls 100 Yard Freestyle

LHSAA:	49.97	2015	Amy Miller
Division 4:	51.10	2016	Olivia Huffman
Pool Record:	52.77	2020	Brooke Fegley

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Finals Starts at 04:30 PM

1	Giordano, Camille	7t	HSM	1:11.12
2	Simon, Layne	8	Gators	1:11.00
3	Degan, Lucy	SO	PJP	1:10.79
4	Hymel, Ashley	SR	RA	1:10.13
5	Laporte, Lauren	SR	FBCS	1:10.14
6	Flynn, Peyton	9	ACHS	1:10.85
7	Dunbar, Avery	JR	PJP	1:11.01
8				

Heat 2 of 4 Finals Starts at 04:32 PM

1	Allam, Ava	12	ESA	1:09.95
2	Loving, Camryn	SO	RA	1:09.75
3	Marto, Georgia	SR	HSM	1:09.37
4	Fitzpatrick, Sarah	SR	MCG	1:08.57
5	Norwood, Londyn	FR	Country Day Swim	1:09.20
6	Simon, Chloe	SR	RA	1:09.51
7	Acedevo, Ela	SR	Gators	1:09.87
8	Welch, Jinks	7t	HSM	1:09.98

Heat 3 of 4 Finals Starts at 04:34 PM

1	Harris, Maddie Jo	08	Ncs	1:06.90
2	Palmer, Riley	12	NEW	1:06.69
3	McQueen, Peyton	SR	MCG	1:05.65
4	Martin, Julia	09	WCA	1:02.00
5	Domengeaux, Maleah	JR	Gators	1:05.43
6	Weiner, Lucia	10	ESA	1:06.42
7	Hodges, Rece	JR	Morris Jeff	1:06.70
8	Castillo, Emma	SR	NEW	1:07.08

Heat 4 of 4 Finals Starts at 04:36 PM

1	Dore, Lily	SR	Gators	1:01.35
2	Stelly, Tori	SO	HSM	1:00.66
3	McConnell, Camille	SR	SAINT	59.27
4	LeMieux, Mary	SR	CES	58.44
5	Haley, Quinn	JR	Ncs	59.03
6	Daigle, Rory	10	ESA	1:00.37
7	Kramer, Katherine	12	NEW	1:00.71
8	Bartholomew, Isabella	SR	Saints	1:01.69

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Event 13 Girls 500 Yard Freestyle

LHSAA:	4:53.82	2016	Jillian Barczyk
Division 4:	4:53.82	2016	Jillian Barczyk
Pool Record:	5:11.35	2020	Brooke Fegley

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Finals Starts at 04:38 PM

1				
2				
3	Miller, Sydney	SR	HCST	6:49.31
4	Ring, Alexis	SO	PJP	6:38.37
5	DeLacerda, Sarah	SO	HSM	6:44.21
6				
7				
8				

Heat 2 of 2 Finals Starts at 04:46 PM

1				
2	Courville, Olivia	JR	SAINT	6:20.07
3	Murphy, Victoria	9	ACHS	6:01.99
4	Manning, Regan	11	ESA	5:18.86
5	Pesnell, Sheridan	JR	STM	5:56.22
6	Prieto, Carolina	11	NEW	6:12.41
7	Royster, Isabella	7t	MCG	6:29.25
8				

Event 15 Girls 200 Yard Freestyle Relay

LHSAA:	1:35.75	2014	St. Joseph's Academy	
Miller, Black, Beaver, Beene	Division 4:	1:42.07	1999	Isidore Newman
Yellin, Wallace, Williams, Richberg	Pool Record:	1:39.97	2020	Ynwl

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals Starts at 04:58 PM

1	WCA		2:17.51
2			
3	HCST		2:05.70
4			
5	ACHS		2:08.65
6			
7	Country Day Swim		2:19.52
8			

Heat 2 of 3 Finals Starts at 05:01 PM

1	RA		2:01.13
2			
3	NEW		1:59.12
4			
5	MCG		1:59.77
6			
7	HSM		2:03.24
8			

Heat 3 of 3 Finals Starts at 05:04 PM

1	PJP		1:55.82
2			
3	Gators		1:48.16
4			
5	ESA		1:52.73
6			
7	Saints		1:58.76
8			

Event 17 Girls 100 Yard Backstroke

LHSAA:	54.73	2019	Rylee Moore
Division 4:	56.80	2005	Erica Dagg
Pool Record:	59.15	2020	Evelyn Zhang

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Finals Starts at 05:09 PM

1				
2				
3	Rizzuto, Jillian	SR	Gators	1:24.88
4	Cashio, Corrin	FR	RA	1:24.15
5	Landreneau, Emily	FR	HSM	1:24.72
6				
7				
8				

Heat 2 of 4 Finals Starts at 05:12 PM

1				
2	Flynn, Peyton	9	ACHS	1:22.57
3	Sieber, Lizzie	8t	PJP	1:20.45
4	Wagner, Sally	8t	PJP	1:18.32
5	Theriot, Emmee	FR	HCST	1:19.42
6	Domengeaux, Maleah	JR	Gators	1:22.04
7	Drennan, Elizabeth	SR	MCG	1:23.96
8				

Heat 3 of 4 Finals Starts at 05:14 PM

1	Heyert, Pia	SR	Morris Jeff	1:18.06
2	Carmody, Grace	9	NEW	1:17.31
3	Pullen, Amelia	JR	MCG	1:15.00
4	Royster, Isabella	7t	MCG	1:12.65
5	Weiner, Lucia	10	ESA	1:13.74
6	Bordelon, Lilly	8	Saints	1:16.12
7	LaRose, Makayah	SO	RA	1:18.01
8	Hodges, Rece	JR	Morris Jeff	1:18.15

Heat 4 of 4 Finals Starts at 05:17 PM

1	Chelette, Anna	FR	HSM	1:11.91
2	Stelly, Tori	SO	HSM	1:10.40
3	Gill, Brooke	8	Gators	1:09.25
4	Magner, Juliette	8	Saints	1:04.23
5	McConnell, Camille	SR	SAINT	1:05.31
6	Pesnell, Sheridan	JR	STM	1:09.25
7	Daigle, Rory	10	ESA	1:10.54
8	Jatoi, Nadia	SO	HSM	1:12.12

Allstate - LHSAA Championship Swim Meet Division 4
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Meet Program - Division 4 Girls

Event 19 Girls 100 Yard Breaststroke**Heat 3 of 3 Finals Starts at 05:35 PM**

LHSAA:	1:03.28	1993	Keri Coy
Division 4:	1:04.80	2004	Laura Klick
Pool Record:	1:09.40	2017	Zoe Mekus

1	Saints	4:11.11
2		
3	Gators	3:59.59
4		
5	ESA	4:09.05
6		
7	NEW	4:15.43
8		

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Finals Starts at 05:19 PM

1	Degan, Lucy	SO	PJP	1:33.95
2	Ryan, Veronica	SR	CES	1:33.82
3	Welch, Jinks	7t	HSM	1:32.29
4	Conaster, Clara	SR	Saints	1:30.38
5	Hymel, Ashley	SR	RA	1:30.67
6	Pillaro, Lily	12	ESA	1:32.97
7	Norwood, Londyn	FR	Country Day Swim	1:33.83
8				

Heat 2 of 2 Finals Starts at 05:21 PM

1	Giordano, Camille	7t	HSM	1:28.38
2	Fitzpatrick, Sarah	SR	MCG	1:25.12
3	Alvarado, Elena	10	ESA	1:14.40
4	Sierveld, Sophie	SR	Gators	1:10.77
5	Cuccia, Andrea	SO	PJP	1:14.26
6	Hijazi, Seema	SO	Saints	1:21.84
7	Delgado, Marisela	SR	HCST	1:25.74
8	Cappel, Julia	7t	Country Day Swim	1:30.14

Event 21 Girls 400 Yard Freestyle Relay

LHSAA:	3:29.16	2015	St. Joseph's Academy
Black, Seagraves, Charpentier, Miller			
Division 4:	3:44.61	2009	University High
Miles, Forbes, Monkawa, Furr			
Pool Record:	3:48.64	2019	Ynwl/Bac

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals Starts at 05:24 PM

1	RA	5:08.17
2		
3	HCST	4:44.82
4		
5	ACHS	4:58.77
6		
7		
8		

Heat 2 of 3 Finals Starts at 05:30 PM

1	PJP	4:29.39
2		
3	HSM	4:18.81
4		
5	MCG	4:27.15
6		
7		
8		