



MEET BULLETIN

November 19-22

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Nothing brings communities together like high school sports. Whether it's swimming in sold-out natatoriums or making a splash at the state meet, nothing compares to the thrill of representing your high school colors.



This message presented by the Louisiana High School Athletic Association and the Louisiana High School Athletic Directors Association

MEET SCHEDULE

DIVISION III

PRELIMS WEDNESDAY, NOVEMBER 19

Team Check-In	7:00 AM
Team Entry	7:30 AM
Warm Ups	7:50 AM
Spectator Entry	8:00 AM
Meet Start	9:00 AM

FINALS THURSDAY, NOVEMBER 20

Team Check-In	7:30 AM
Team Entry	7:50 AM
Spectator Entry	8:00 AM
Warm Ups	8:05 AM
Meet Start	9:00 AM

DIVISION IV

PRELIMS WEDNESDAY, NOVEMBER 19

Team Check-In	2:00 PM
Team Entry	2:30 PM
Warm Ups	2:50 PM
Spectator Entry	3:00 PM
Meet Start	4:00 PM

FINALS THURSDAY, NOVEMBER 20

Team Check-In	2:30 PM
Team Entry	2:50 PM
Spectator Entry	3:00 PM
Warm Ups	3:05 PM
Meet Start	4:00 PM

DIVISION I

PRELIMS FRIDAY, NOVEMBER 21

Team Check-In	7:00 AM
Team Entry	7:30 AM
Warm Ups	7:50 AM
Spectator Entry	8:00 AM
Meet Start	9:00 AM

FINALS SATURDAY, NOVEMBER 22

Team Check-In	7:30 AM
Team Entry	7:50 AM
Spectator Entry	8:00 AM
Warm Ups	8:05 AM
Meet Start	9:00 AM

DIVISION II

PRELIMS FRIDAY, NOVEMBER 21

Team Check-In	2:00 PM
Team Entry	2:30 PM
Warm Ups	2:50 PM
Spectator Entry	3:00 PM
Meet Start	4:00 PM

FINALS SATURDAY, NOVEMBER 22

Team Check-In	2:30 PM
Team Entry	2:50 PM
Spectator Entry	3:00 PM
Warm Ups	3:05 PM
Meet Start	4:00 PM

Upon team entry, teams will be required to enter the facility according to LHSAA's order of entry list. Your team's entry number can be found on LHSAA's swimming webpage under *policies, manuals & forms* titled **2025 State Order of Entry**.

MEET INFORMATION

EVENT VENUE

SPAR AQUATIC CENTER

933 W Parish Road
Sulphur, LA 70663

MICHAEL FEDERICO, MEET DIRECTOR

ASSISTANT EXECUTIVE DIRECTOR, LHSAA

mfederico@lhsaa.org

225.300.4204

BRENT LABAT, MEET COORDINATOR

lhsaaswimentry@lhsaa.org

TEAM CHECK-IN & PASS INFORMATION

Coaches are required to check in with teams prior to each session and can do so as early as your division's check-in times.

Heat sheets, relays, and swimmer passes will be provided at this time. Each participant and alternate listed on your entry form will be given a pass to be used on the day(s) your team competes. If an athlete leaves the building, they must present their pass in order to be granted re-entry.

After check-in, teams will be directed to the gym to be staged according to [LHSAA's Order of Entry](#). Prior to entry time, one designee from each team will be permitted to enter the pool area to acquire space for their respective team. At entry time, teams will be permitted to enter in order and navigate to their acquired space.

ADMISSION

Tickets will be sold exclusively at gofan.co/app/school/lhsaa, \$11.50 per ticket. Physical tickets will not be sold at the venue on the day of the event. Printed tickets will not be accepted. Visitors must show a mobile device to redeem tickets. Tickets are valid only for one session. Re-entry will be denied once a ticket is redeemed.

SPECTATORS/SEATING

Spectators will be allowed to enter the venue one hour prior to each session's start time. There will be no reserved seating in the pool area. Teams as well as spectators will not be allowed to leave items (ex. banners) in a designated area in order to reserve seats. Spectators unassociated with any team's "area" will not be asked to move.

MEET INFORMATION

FINALS ROUND QUALIFIERS

Competitors qualify for finals day according to place and time in their respective preliminary heats. Top eight preliminary finishers in each event will compete in the finals heat, with places 9-16 competing in the consolation finals. Places 17-18 will be considered alternates.

500-yard freestyle events will compete as timed finals. All participants, excluding the top 8, will compete on prelims day, with the top 8 competing exclusively on finals day.

Scratches are to be reported prior to race time to ensure full heats.

Any swimmer who does not achieve the qualifying time in the preliminaries or the finals in an event may not score points in that event in the state meet (LHSAA Rule 20.6.3).

AWARDS

Gold, silver, and bronze medals will be awarded to the top three event finishers on finals day. Top three individual and relay event finishers will be recognized throughout the finals session. First & second place trophies will be awarded to the top two girls' and boys' teams. A male & female swimmer of the meet will be selected and recognized.

SPAR AQUATIC CENTER RULES

SPAR Aquatic Center is a non-smoking facility.

No food, ice chests, or glass containers are allowed in the building or on the pool deck, including bleacher areas. Alcoholic beverages are not permitted on property.

Team banners and/or posters are to be displayed by affixing to walls behind the bleachers.

Banners or posters are not to be attached to walls with nails, tacks, or other items that would cause permanent damage to spar property.

ADA OVERVIEW & REQUIREMENTS

The Americans with disabilities act prohibits discrimination on the basis of disability. Requests for disability services information or any services can be done so by contacting

SPAR Aquatic Center

337.527.2500

ENTRIES

REGISTRATION & ENTRY DEADLINES

Coaches are to submit entries electronically. Each division's entry file can be downloaded on [LHSAA's swimming webpage](#) under *Hytek Files*. Schools lacking such software can download Team Manager Lite using the instructions available there as well.

Coaches must email a zip file of entries to both Brent Labat (lhsaaswimentry@lhsaa.org) and Michael Federico (mfederico@lhsaa.org) by **Monday, November 10, 2025**. Swimmer's name, grade, dob, events, and entry times should be included. Email subject line must read **school's full name - school's division** (ex. Lutchter High School - Division III). Entries submitted beyond the deadline will not be accepted (LHSAA Rule 20.7.3).

Your school's principal, athletic director, or coach must also create an invoice for entries on the [LHSAA Member Site](#). Instructions can be found on LHSAA's swimming webpage under *Policies, Manuals, & Forms* titled **State Swim Meet Entry Instructions**. Once complete, an invoice will be generated and emailed. Payment can be submitted online via ACH payment, by check via mail, or by credit card.

Entry fee is \$15.00 per competitor & alternate listed. If submitting payment via mail, it must be received no later than **Monday, November 10**. Make all checks payable to LHSAA and mail to

MICHAEL FEDERICO

12720 Old Hammond Highway
Baton Rouge, LA 70816

ENTRY LIMITATIONS

Each team is permitted a maximum of four entries in individual events and one team per relay event.

A competitor is permitted to enter a maximum of four events, no more than two of which are individual. Being designated as a relay member does not count unless the competitor participates in the event.

A competitor becomes a participant in an individual event when the properly completed entry form is submitted to the meet entry chairman by the entry deadline. Alternates for a given event must be indicated as such with qualifying entry times included.

A maximum of eight individuals may be designated per relay team with only those who compete on the team being considered entered.

ORDER OF EVENTS

- | | |
|---|----------------------------------|
| 1 | Girls 200-Yard Medley Relay |
| 2 | Boys 200-Yard Medley Relay |
| 3 | Girls 200-Yard Freestyle |
| 4 | Boys 200-Yard Freestyle |
| 5 | Girls 200-Yard Individual Medley |
| 6 | Boys 200-Yard Individual Medley |
| 7 | Girls 50-Yard Freestyle |
| 8 | Boys 50-Yard Freestyle |

TEN-MINUTE BREAK

GOLD, SILVER, AND BRONZE MEDAL PRESENTATIONS FOR EVENTS 1-6 (FINALS ONLY)

- | | |
|----|--------------------------------|
| 9 | Girls 100-Yard Butterfly |
| 10 | Boys 100-Yard Butterfly |
| 11 | Girls 100-Yard Freestyle |
| 12 | Boys 100-Yard Freestyle |
| 13 | Girls 500-Yard Freestyle |
| 14 | Boys 500-Yard Freestyle |
| 15 | Girls 200-Yard Freestyle Relay |
| 16 | Boys 200-Yard Freestyle Relay |

GOLD, SILVER, AND BRONZE MEDAL PRESENTATIONS FOR EVENTS 7-14 (FINALS ONLY)

- | | |
|----|--------------------------------|
| 17 | Girls 100-Yard Backstroke |
| 18 | Boys 100-Yard Backstroke |
| 19 | Girls 100-Yard Breaststroke |
| 20 | Boys 100-Yard Breaststroke |
| 21 | Girls 400-Yard Freestyle Relay |
| 22 | Boys 400-Yard Freestyle Relay |

GOLD, SILVER, AND BRONZE MEDAL PRESENTATIONS FOR EVENTS 15-22 (FINALS ONLY) FIRST & SECOND PLACE MEN'S & WOMEN'S TEAMS PRESENTATIONS (FINALS ONLY) SWIMMERS OF THE MEET PRESENTATIONS (FINALS ONLY)

NFHS/LHSAA RULINGS

NOTABLE NFHS RULES

The 2025-2026 National Federation of State High School Associations (NFHS) swimming & diving rules will govern the conduct of the meet plus LHSAA handbook rules pertaining to swimming & eligibility.

Per NFHS Rule 2-7-3, backstroke ledges are permitted by state adoption in high school swimming. Ledges will be available to swimmers familiar with such equipment, but their usage is optional.

It is recommended all team members wear identical suits. Decent appearance is required.

Conduct of coaches, participants, and managers: some areas will be restricted to coaches and swimmers. All participants and spectators must honor these areas.

All competition will be held at the deep end of the pool.

PROHIBITED ITEMS PER LHSAA BYLAW 6.24

Artificial noisemakers, including but not limited to items such as bells, horns, drums, jam boxes, amplifiers, and/or megaphones, shall be prohibited in any indoor facility while an interscholastic contest is being played. Artificial noisemakers do not include items providing warm up music under team supervision or instruments used by an organized stage or pep band if approved by the host principal. Authorized pep bands shall not be permitted to play at any time or in any manner while the ball is "alive."

Laser beam light devices are prohibited at all LHSAA contests.

A coach, player, and/or bench personnel is prohibited from throwing/placing any foreign substances on the competitive surface and out-of-play areas (including locker rooms, hallways, press rooms, etc.) prior to, during, and/or after playing of any game. Substances to include but not limited to all liquids, powders, confetti, glitter, dirt, sand, grass, and streamers. Programs not adhering to the **prohibited items bylaw** could be fined up to \$250.00 per incident.

PROTESTS

Any protest of an event must be presented in writing within 30 minutes following the conclusion of the event to a member of the meet committee. The committee will be composed of the meet referee, meet director, two meet officials, and an LHSAA representative, to be determined by the meet referee during warm ups.

Once a formal protest is submitted in writing within the permitted timeframe, the committee will meet and render a decision in writing to the coach of the school who presented the protest. The committee's decision will be final. Honorable protests are those perceived to be a misapplication of swim rules. All officials' decisions are final and not subject to protest.

MEDIA / SCHOOL YEARBOOK

MEDIA

Request media credentials online by visiting the LHSAA website under *News & Media* and selecting the [Fall Media Credential Application](#) link.

All swimming state championship applications must be submitted before noon on **November 16, 2025**. For assistance, contact

ETHAN ANDERSON

eanderson@lhsaa.org

Credentialed media will not be allowed on the pool's bulkhead to capture photographs or video. LHSAA staff, spar staff, and official meet photographers have bulkhead access exclusively.

SCHOOL YEARBOOK

A school's principal must complete the online form & request credentials. Principals must also submit a letter on school stationary authorizing the individual(s) to be credentialed. The purpose of the school yearbook/newspaper credential is to permit a complimentary entrance into the event for which the person is gathering information. A granted request provides one tournament pass to be issued for the credentialed yearbook and/or newspaper staff member, given proper school identification is provided.

Photos taken during an event may not be sold or used in any capacity outside of the purpose(s) of their school's yearbook and/or newspaper. The LHSAA has an exclusive photography contract with Geaux Preps.

LODGING

November 19-22, 2025

HOTEL	RATE	PHONE
Best Western Plus Executive Hotel & Suites	\$129	337.625.9000
Best Western Plus Prien - Lake Charles	\$129	337.477.5900
Candlewood Suites Lake Charles South	\$109-\$119	337.478.8008
Clarion Pointe	\$110-\$120	337.313.6018
Comfort Suites Lake Charles	\$95-\$105	337.436.6400
Doubletree by Hilton	\$149	337.527.0858
Golden Nugget Lake Charles	\$139-\$289	337.508.7777
Hampton Inn Sulphur/Lake Charles Area	\$139	337.527.0000
Hampton Inn Lake Charles	\$149	337.480.6443
Hawthorne Suites Sulphur	\$109-\$119	337.287.9675
Holiday Inn Express & Suites, Sulphur (Lake Charles)	\$139	337.625.2500
L'auberge Casino Resort Lake Charles	\$149	337.395.7777
Laquinta Inn & Hawthorne Extended Stay	\$154-\$159	337.419.0405
Red Roof Inn Sulphur	\$70-\$75	337.527.1000
Springhill Suites by Marriott Lake Charles	\$149	337.474.1112
Staybridge Suites - Lake Charles	\$129-\$149	337.477.7474
The Marco Hotel Lake Charles	\$109-\$114	337.493.2444
Tru by Hilton Lake Charles	\$149	337.564.6878
Wingate by Wyndham Sulphur	\$130-\$150	337.527.5151

**Links embedded*

CONTACT HOTELS DIRECTLY FOR RESERVATIONS.

Rates & availability published on a first come, first serve basis. Above rates are non-commissionable.

For additional information about Lake Charles/southwest Louisiana, call **1.800.456.7952** or visit visitlakecharles.org.

BUY TICKETS HERE

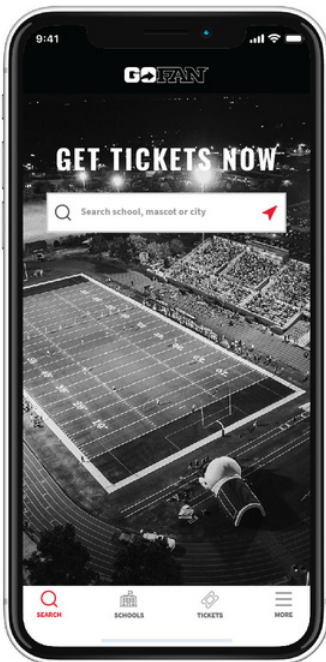
SELF CHECKOUT



1. Open Phone Camera
2. Hover Over QR Code
3. Access GoFan Website

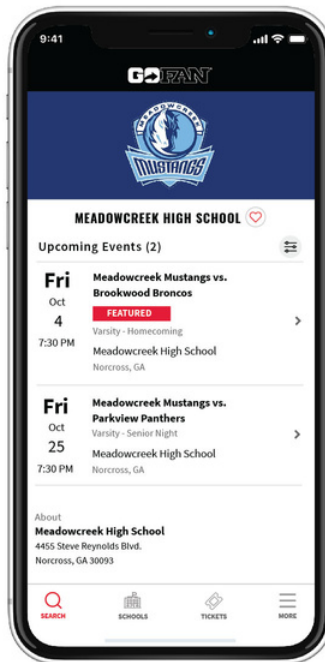
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SEARCH FOR SCHOOL



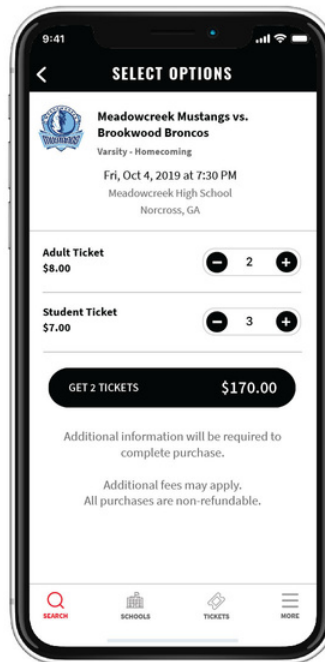
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SELECT EVENT
AND TICKETS



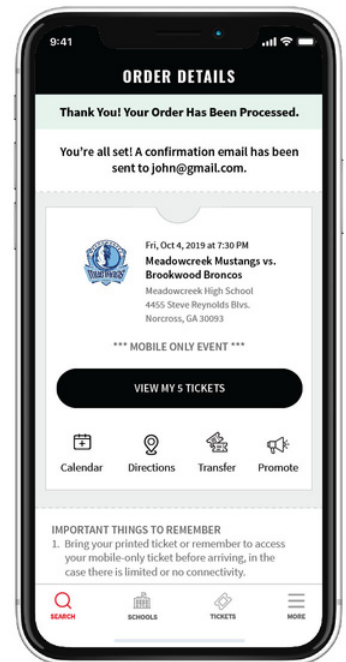
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BUY TICKETS



4

CLICK "VIEW TICKETS"
AND PRESENT AT GATE





LHSAA CORPORATE PARTNERS

THE LHSAA WOULD LIKE TO THANK THE FOLLOWING
2025-2026 PARTNERS FOR THEIR CONTINUED DEDICATION AND
SUPPORT OF HIGH SCHOOL ATHLETICS IN LOUISIANA



SERVING LOUISIANA'S YOUTH FOR **OVER 100 YEARS**

IF YOU ARE INTERESTED IN PARTNERING WITH THE LHSAA OR FOR MORE INFORMATION, PLEASE CONTACT WILL BRYANT - WILL.BRYANT@PLAYFLY.COM